

ARADHANA Yoga of the Heart ♥

Year 11 Issue 6

Nov/Dec 2022

For Free Distribution

Rikhiapeeth, Rikhia, Deoghar, Jharkhand, India

ARADHANA Yoga of the heart ❤️ is an offering to Paramguru Swami Sivananda and our beloved Pujya Gurudev Swami Satyananda.

It is compiled, composed and published as an offering of seva by the sannyasin disciples, devotees and well-wishers of Paramahansa Satyananda.

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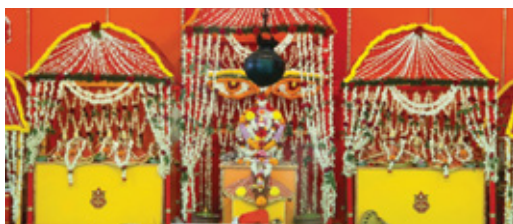
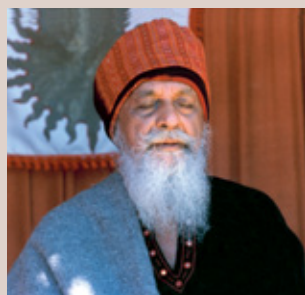
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Cover photo:

Swami Satyananda Saraswati



Rikhiapeeth, the tapobhumi of Swami Satyananda Saraswati, has developed into a vibrant spiritual epicentre abundant in peace, plenty and prosperity. Aspirants, seekers, devotees, householders and sannyasins come from all parts of the world to live and work together for the benefit of others by following the high ideals of seva (selfless service), sadhana (spiritual practice), swadhyaya (self study) and satsang (association with truth), as taught by Swami Sivananda and established by Swami Satyananda. It is a place of inspiration and joy for the thousands of natives who live in the hundreds of villages that surround Rikhiapeeth, as well as for millions of spiritual aspirants and devotees who come to imbibe the spiritual vibrations that abound in this sacred place.

ARADHANA Yoga of the heart ❤️ is intended to share the profound teachings and lifestyle that are being practised and lived in this sacred place for the benefit of all.

This issue of ARADHANA shares a glimpse of some of the activities of Rikhiapeeth during 2022 - which included Aradhanas, Retreats, Yajnas and extensive Seva (service) of the rural communities. This issue of ARADHANA also features the Satchandi Mahayajna, Ananda Utsav and Yoga Purnima which were conducted at Rikhiapeeth in November - December 2022.

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Aradhana Invocation

देवान्भावयतानेन ते देवा भावयन्तु वः । परस्परं भावयन्तः श्रेयः परमवाप्स्यथ ॥ Bhagavad Gita 3:11

Yajnas nourish, strengthen and empower the Devas, they in turn empower us.

Strengthening and nourishing each other in this way, both attain shreya (prosperity).



Rikhia Mandate

Swami Satyananda Saraswati

I received three instructions from my guru, Swami Sivananda: serve, love, give. These precepts became the sadhana to be perfected in my life and took a definite form when I came to Rikhia. To help others grow and become better in all respects, external and internal, social and personal, is my sankalpa. Whatever methods I have adopted over the years, whether yoga or the activities in Rikhia, were only a means to fulfil this sankalpa. All of you must learn to live for others apart from making individual resolutions.

The Rikhia ashram will now be known as Rikhiapeeth. Peeth means 'seat', an apt term for Rikhia as the instructions given by Swami Sivananda have culminated and fructified here. Rikhia is an ashram in the original sense of the word because here a lifestyle is lived. Swami Satyasangananda is the first Peethadhishwari, or acharya of Rikhiapeeth and has been given the sankalpa that the three cardinal teachings of Swami Sivananda will be practised and lived here. This is the future vision of Rikhia.

Rikhiapeeth is where Swami Satyananda lived the life of a Paramahansa Yogi for twenty years performing long and arduous yogic sadhanas before he took Maha Samadhi here in 2009.

In keeping with the yogic and spiritual legacy he left behind, the sprawling ashram has evolved into a vibrant epicentre where serious yoga lovers and sincere spiritual seekers from all walks of life, can experience the peace, harmony and true joy of living a Yogic lifestyle. The positive benefits that come from participating in seva and bhakti, which are the spiritual foundations of the lifestyle at Rikhiapeeth, are made accessible for one and all through the precepts of simple living and high thinking.



This issue of Aradhana features a snapshot of just some of the many events and aradhanas conducted at Rikhiapeeth throughout 2022.

Despite the pandemic, the traditions established at Rikhiapeeth continue without break. The regular aradhanas continue according to tradition as an offering to the cosmic forces to invoke their benevolent grace and to bring peace, plenty and prosperity of all. The aradhanas and events are conducted as a tribute to the legacy of Paramahansa Satyananda whose teachings and example have proved to be a beacon of hope for all humanity through challenging times.



Swami Satyasangananda Saraswati, fondly known as Swami Satsangi is the Peethadhishwari of Rikhiapeeth as appointed by Swami Satyananda. As the Peethadhishwari, she is dedicated to implementing Sri Swami Sivananda's three precepts of serve, love and give and works tirelessly for the material and spiritual upliftment of the local community.

Throughout 2022, Swami Satsangi continued to guide and inspire the multifarious activities of Rikhiapeeth, including seva projects, aradhanas and retreats. Her example of surrender and dedication to her Guru's mission and mandate encourages sannyasins, aspirants and spiritual seekers around the world to - serve, love and give. She ensures that the spiritual legacy of Sri Swamiji is maintained and that the tradition and lifestyle of a Paramahansa is upheld through the various sadhanas she undertakes.

As a major undertaking, Swami Satsangi, is guiding the 'Dance Of Shiva and Shakti'. This is the mammoth undertaking to reconstruct the Samadhi area of Paramahansa Satyananda to ensure that His spiritual legacy and tejas is enshrined for generations to come. Inaugurated in 2021 this project is scheduled to be completed in 2023 which will be an auspicious contribution to the 100 Years of Satyam Celebrations planned throughout 2023.





Peace of Rikhia

Swami Satyananda Saraswati

The ideal place to meditate is a place like Rikhia, where the air and water are pure, where the electromagnetic energy field is intact and though frequencies are low. Do you know that the thoughts you think are released by you and travel as thought waves, and others pick them up, knowingly or unknowingly? This is happening all the time in big cities where millions of people live and emit thought waves twenty-four/seven. Apart from thought waves, there is an abundance of sound waves clashing with each other, which enter our antahkarana due to the constant chatter which people cannot live without.

Silence or 'mouna' is a luxury in crowded cities. This is why Rikhia is ideal, as there is silence, stillness and timelessness in the atmosphere because of the simple life that people live here. So when I meditate I do not have to encounter the useless chatter of either thought waves or sound waves, which can be a big hindrance in sadhana. In meditation, the mind becomes very sensitive and picks up all frequencies. Of course, I do not face any difficulty in meditation, even if it is the noisiest place, because I know how to block thoughts and sounds. This is also the reason why everybody likes mountains. Mountains supply energy, as they are created by energy explosions.







The message of the New Year is the call of the higher life, the beckoning from the spiritual Presence. To respond to it, is your duty. To realise it is your right. Sadhana is your duty. God-realisation is your right. Assert the right and plod on with your pursuits. Strive, and you shall triumph.

— Swami Sivananda Saraswati



Makar Sankranti - 14th January

Swami Satyananda Saraswati

Makar Sankranti is celebrated on 14th January all over India. In some places it is called Khichadi Sankranti, in some Til Sankranti, at others Pongal. In South India it is called Pongal, and pongal means khichadi. On this day in Kerala, people gather together at temples, set up stoves and cooking vessels and prepare pongal. There are prayers and the traditional five instruments, drum, veena, etc., are played. After preparing the khichadi, everyone takes it back home in their respective cooking vessels.

Makar Sankranti is also celebrated in Sri Lanka, as well as in Kashmir, Uttaranchal, Kumaon and Garhwal. This is India's biggest festival based on the solar calendar. All other festivals are based on the lunar calendar, whether Shivaratri, Janmashtami or Navaratri. Makar Sankranti is the only festival based on the solar calendar, because it is the day when the sun stops in the house of Capricorn and turns back towards the house of Cancer. Now the days start getting longer and the nights shorter.

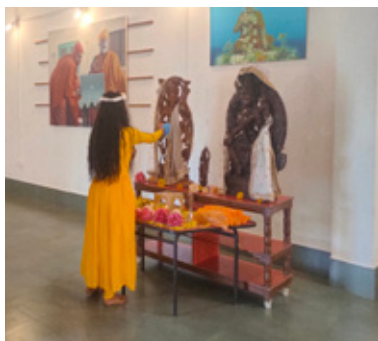
Makar Sankranti is in fact associated with several traditions. One is the eating of khichadi, curd and rice flakes. The second is the ritual of bathing in the Ganga. The third is the association with the sun and astronomy, and the fourth is the association with yoga.



Basant Panchami -

6th February 2022

Saraswati Pujan was conducted by Kanyas of Rikhia to inaugurate Digital Education in Rikhia for 2022





Maha Sivaratri

1st March 2022





Holi Celebration - Holy Day

19th March 2022





Akshay Tritiya

1st - 3rd May 2022

Akshay Tritiya, which falls during Uttarayana, was a very special day for Swami Satyananda's sadhana as the akshay tithi magnifies and renders indestructible whatever one does on that day. To highlight the permanent nature of the akshay tithi during his tapasya at Rikhiapeeth Sri Swamiji performed many sadhanas and rituals on this day as well as establishing the tradition of 'giving' as an essential element of this auspicious day.



On this day Devi prasad of clothes, utensils, grains and other household amenities were offered to the villagers of Rikhia and surrounding panchayats. Cows and oxen were also given to deserving recipients.



Guru Purnima

13th July 2022

Rikhiapeeth hosted a beautiful Guru Purnima celebration in the presence of Peethadhishwari Swami Satyasangananda Saraswati.

Swami Satyasangananda gave inspiring and uplifting satsangs on the role the guru plays in the life of an aspirant, and the entire day was spent bathing in mantras, kirtans and pujas. On the day of Guru Purnima abhishek of the Guru Paduka was performed. Ashram residents and guests were fortunate to have darshan in Sivananda Sarovar and attend an evening havan and satsang.





Rikhiapeeth - An Expression of Love

Swami Satyasangananda Saraswati

If you want to begin to correct and improve the quality of your life, then you have to embrace certain values and accept certain guidelines which can take you in that direction. Sri Swamiji gave that direction and was guiding us towards atmabhava. He was the living example because atmabhava is what he experienced here. I am not the body, I am not the mind, I am not the senses, immortal Self I am. This was his experience. He lived in that state and he planted the seed of atmabhava here in Rikhiapeeth. Rikhiapeeth is not a charity, it is an expression of love which my Guru, Swami Satyananda, experienced. Rikhia is a bubble of love. We have to bring love into all of our lives because love is the substratum of life.

Swami Sivananda said:

“Love! Love! Love! For everything is your own Self”.

Expand and increase the love in all aspects of your daily life, make all your actions an offering of love. Love is inherent in atma. Don't mistake atma as some abstract floating spirit up in the heavens as many people do. People think of it as spirit and then they get frightened. Atma is a loving force.



Sri Radha Krishna Jhoolan

8th - 12th August 2022

Sri Swamiji started this aradhana here at Rikhiapeeth over 30 years ago for the spiritual upliftment of all, especially his neighbours. Through this aradhana, he sowed the seeds of bhakti in all of us. We are forever grateful to Gurudev for showing us a way to develop a relationship with God.



Rikhia Agaman

23rd September 2022



संकल्प की शक्ति

स्वामी सत्यानन्द सरस्वती



अगर किसी का संकल्प दृढ़ हो, तो वह कर्म पर विजय प्राप्त कर सकता है। किन्तु उसके लिये संकल्प लेने वाले व्यक्ति को कुछ प्रतिज्ञा करनी पड़ती है, कुछ देना पड़ता है, क्योंकि जब तुम किसी कर्म को प्रतिस्थापित करते हो, तब तुम्हें किसी अन्य वस्तु द्वारा उसे प्रतिस्थापित करना होता है। किसी चीज़ द्वारा रिक्त स्थान की पूर्ति करनी पड़ती है। यह सम्भव है।

यही कारण है कि जब लोग किसी मंदिर में मनौती मानते हैं, तो वे कोई प्रतिज्ञा करते हैं। वे केवल माँगते नहीं, बल्कि कुछ देने की प्रतिज्ञा भी करते हैं। जब मैंने संकल्प लिया था, तब मैंने कुछ माँगा था। पर मैंने उसके साथ ही कुछ देने की प्रतिज्ञा भी की थी और मैंने वही दिया, जो मैंने प्रतिज्ञा की थी। मैंने सम्पूर्ण संसार में योग का प्रचार करने तथा योग का उपदेश देने का संकल्प लिया और वही चीज़ देने का व्रत भी लिया। आप संकल्प के माध्यम से जो कुछ प्राप्त करना चाहते हैं, वही चीज़ दूसरों को देने का संकल्प भी लेना चाहिये। भगवान के सामने आप स्त्री, पुत्र और पैसे के लिये मनौती करते हैं। ऐसा कीजिये, किन्तु एक प्रतिज्ञा भी कीजिये कि जितना तुम दोगे, उतना वापस दूँगा।

कर्म को आदमी प्रतिस्थापित नहीं कर सकता, उसे भोगना ही पड़ेगा। कर्म का यह नियम है, जो किया है, उसे भोगना ही पड़ेगा। यदि आप चाहें कि उस भोग से छूट जायें, तो अभी भले ही छूट सकते हैं किन्तु बाद में भोगना ही पड़ेगा।

संकल्प में शक्ति होती है और संकल्प करना भी चाहिये। संकल्प करने वाला व्यक्ति अगर सोचता है कि उसका संकल्प बहुत शक्तिशाली होना चाहिये, तो उसे स्वयं बहुत शक्तिशाली संकल्प

करना चाहिये। संकल्प ऐसा नहीं होना चाहिये कि आप मुझे पुत्र दे दीजिये, मैं सोमवार को एक लीटर दूध चढ़ा दूंगा। संकल्प यह होना चाहिये कि आप मुझे पुत्र दीजिये, मैं उसे आपकी सेवा में अर्पित कर दूंगा। आप मुझे सम्पत्ति और मकान दीजिये, ये आपके लिये होंगे।

ईश्वर सब कुछ दे सकते हैं। मैं तो अनुभव की बात बता रहा हूँ, पुस्तकों की बात नहीं कर रहा हूँ। लेकिन आप लोग बहुत स्वार्थी हैं, भगवान से माँगते हैं एक लाख रुपये और उसे ब्याज पर लगाते हैं। तब भगवान भी आपके साथ मजाक करने लगते हैं। उन्हें अच्छी तरह पता है कि आप उन्हें ठग रहे हैं। भगवान को ठगना मुश्किल है, क्योंकि वे तो आप के अन्दर विराजमान हैं, वे आन्तरिक बुद्धि हैं, विवेक हैं, साक्षी हैं, आपके अन्दर बैठे हुए आपके अन्तर्यामी हैं, आपके रखवाले हैं। जब आप उन्हें ठगने की बात सोचते हैं, तो वे तो सब देख रहे होते हैं, आपकी सारी हरकतों और बदमाशी को देख रहे हैं।

अतः भगवान के साथ संकल्प और प्रार्थना अवश्य कीजिये, उनसे सम्पत्ति माँगिये, जो माँगना हो माँगिये, किन्तु ऐसा करते समय कहिए कि, "हे प्रभु! मैं यह सब किसी-न-किसी रूप में वापस कर दूंगा, रखूँगा नहीं।" फिर सम्पत्ति आने लगेगी, पक्की बात है। भगवान तो चाहते ही हैं कि मेरा भक्त मेरे साथ सच्चा व्यवहार करे।

मैं 1956 में गंगोत्री गया था, मेरे साथ थे सत्यव्रत और धर्मशक्ति, स्वामी निरंजन के माता-पिता। और भी कुछ लोग थे। वहाँ गंगा जी में स्नान करने लगे तो सत्यव्रत जी बोले, "स्वामीजी इनको (धर्मशक्ति को) कुछ दे दीजिये।" मैंने कहा, "क्या देना है? हाँ दे दूँगा, मगर मुझे वापस करना होगा।" सत्यव्रत बोले, "मैं दे दूँगा।" धर्मशक्ति भी कहने लगी, हाँ दे दूँगे वापस।" हम लोगों का सम्बन्ध ऐसा ही अनौपचारिक था। मैंने संकल्प करके कहा, "मैं दे रहा हूँ, तुम लोग वापस करोगे।" "आपकी जैसी इच्छा।" उन्होंने कहा। निरंजन हुए, वापस दे दिया। अब बताइये कि उनका क्या नुकसान हुआ। हाँ बहू नहीं मिली, न मिलेगी। किन्तु संसार में इतने बहू-बेटा हैं, आजकल तो बहू-बेटा की इतनी बाढ़ आ गयी है कि खाना-पीना भी मुश्किल हो रहा है। थोड़ा कम बहू-बेटा होना अच्छा है। शास्त्रों का वचन है -

कुलं पवित्रं जननी कृतार्था
वसुन्धरा पुण्यवती च तेन।
अपाररसंवित्सुखसागरेऽस्मिन्
लीनं परे ब्रह्मणि यस्य चेतः॥

अपार ज्ञान और आनन्द के सागर परमात्मा में जिसका चित्त रम जाये, उसका कुल पवित्र हो जाता है, माँ का जननी बनना सार्थक हो जाता है और स्वयं पृथ्वी धन्य हो जाती है।

इसी प्रकार अनेक लोग संकल्प करते हैं। ऋषि, मुनि, वीर आदि सभी संकल्प करते हैं। संकल्प की प्रथा सभी धर्मों में है, चाहे वह वैदिक, इस्लाम, ईसाई, यहूदी, पारसी, बौद्ध या जैन धर्म

ही क्यों न हो। संकल्प को वे मनौती कहते हैं। लेकिन लोगों ने इसका महत्व घटा दिया है। कहते हैं - "भगवान! आप मुझको यह दे दीजिये, मैं अगले साल कचौड़ी नहीं खाऊँगा।" ऐसा सरल, अर्थहीन संकल्प नहीं होना चाहिये। भगवान से जितना जबरदस्त चीज माँगनी है, उतना ही जबरदस्त अर्पण भी होना चाहिये। भगवान आपको कभी घाटे में नहीं रहने देंगे। यदि आप भगवान के साथ ठीक-ठीक सौदा करेंगे, व्यापार भी करेंगे तो कभी घाटे में नहीं रहेंगे। संत-महात्माओं तथा ऋषि-मुनियों के जीवन से तो यह बात बिल्कुल स्पष्ट होती है। श्रीमद्भागवत् का कथन है-

सत्यं दिशत्यर्थितो नृणां

नैवार्थदो यत्पुनरर्थिता यतः।

स्वयं विधत्ते भजतामनिच्छता-

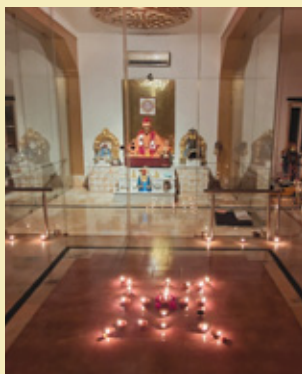
मिच्छापिधानं निजपादपल्लवम्।।5/19/27।।

"यह ठीक है कि भगवान सकाम पुरुषों के माँगने पर उन्हें अभीष्ट पदार्थ देते हैं, किन्तु यह भगवान का वास्तविक दान नहीं है, क्योंकि उन वस्तुओं को पा लेने पर भी मनुष्य के मन में पुनः कामनायें रहती हैं। इसके विपरीत जो उनका निष्काम भाव से भजन करते हैं, उन्हें तो वे साक्षात् अपने चरणकमल ही दे देते हैं - जो अन्य समस्त इच्छाओं को समाप्त कर देने वाले हैं।"



Diwali

Festival of Lights - 24th October 2022



Tulsi Vivah

4th November 2022



Sat Chandi Mahayajna

24th to 28th November 2022



Sri Swamiji's sankalpa to spread blessings for universal peace, plenty and prosperity started with the annual Sat Chandi Mahayajna. Since its inception in 1995 it has become an integral part and tradition of the both the seva and aradhanas conducted at Rikhiapeeth. This event completed the 28th invocation to the Cosmic Mother, which was conducted under the guidance of Peethadhishwari Swami Satyasangananda Saraswati and Paramacharya Swami Niranjanananda Saraswati.

Beautifully hosted by the talented kanyas of Rikhiapeeth, and conducted by the learned pandits from Kashi, the yajna was a feast for the soul that reached out to one and all. During the five days of the yajna, the pure unadulterated divine energy of Devi, the root matrix of creation was invoked through powerful mantras, yantras and mandalas, which are the basic tools utilized in a tantric yajna to manifest the divine power. The breathtaking dances, rocking kirtans, vibrant mantras, uplifting satsangs and continuous distribution of yajna prasad combined to create an impactful spiritual epicentre from where divine vibrations continue to ripple far and wide, across seas and continents.





At the Sat Chandi Mahayajna in 2009, in one of his last darshans before attaining Mahasamadhi, Swami Satyananda said, "This Sat Chandi Mahayajna will continue in Rikhiapeeth and whenever you call me, I will come."



Final Day of Sat Chandi Mahayajna Kanya Pujan





Sita Ram Vivah - Sita Kalyanam



Purnahuti





Ananda Utsav – Ganesh Aradhana

30th November to 2nd December 2022

Dedicated to Lord Ganesha, Ananda Utsav – Festival of Bliss, has become a tradition of Rikhiapeeth established by Peethadhishwari Swami Satyasangananda Saraswati as a conjunction that brings together the Cosmic Mother – Devi, and the Cosmic Father – Lord Siva. Just as the offspring brings parents together, the worship of Ganesha became the bridge adjoining the Sat Chandi Mahayajna and Yoga Purnima.

Conducted by the learned pandits of Kashi at Ganesh Kutir, where Sri Swamiji installed the first Ganesha, and with the repeated chanting of the sacred verses of the Ganapati Atharvasheersham this powerful invocation spread waves of bliss to all. Combined with the inspiring satsangs by Peethadhishwari Swami Satyasangananda, kirtans and havans, the Ananda Utsav brought blessings of bliss and joy on behalf of all.





Yoga Purnima

4th to 8th December 2022

Among all the deities, Lord Siva is considered the easiest to please. He is ever ready to freely grant boons and blessings. Whatever you imagine in His presence can certainly come true! Such was the 5-day Yoga Purnima – Maha Mrityunjaya Homa that was conducted to honor and celebrate Sri Swamiji's 99th birth anniversary!

Truly a festival of beauty in which divine flowers of inspiration and love descended to make this a colorful and memorable tribute to Pujya Gurudev. The worship of Sivalingam through Rudrabhishek, daily havans, kirtans, dances and pujas, combined with the spirit of Give! Give!! And Give!!! Which manifested in the endless distribution of yajna prasad to the villagers of Rikhia panchayat, and the soul-stirring satsangs by Peethadhishwari Swami Satyasangananda, made this a most memorable and beautiful event.







Changing Needs of Society

Swami Satyasangananda Saraswati

You have to quickly identify the requirements of a society. What is needed in Europe, in England, we do not need in India. We need schools and colleges, hospitals and gurukuls, and they need yoga, meditation, the Upanishads, Bhagavat and Gurus. You can see this with your own eyes.

Every society has separate needs. What America needs, India does not need and what is needed in India, America does not want. Sannyasins will have to acquire that understanding. Our children are not aware of the cardinal ancient thoughts of India. The Indian people and their leaders, the teachers, professors, officers and those holding high positions, know nothing about it. So I tell the sannyasins that our front has now changed.

It is not only Swami Satyananda who provides practical commodities to the villagers. I am just a sannyasin and a sannyasin is a preceptor of knowledge. Sannyasins are meant to teach yoga, to show the way to samadhi, to pave the way for liberation. Our ancestors prescribed that for us, not for distributing rickshaws and thelas. Our ancestors did not formulate the path of sannyasa for these mundane works. The only path that sannyasins were meant to follow was showing people the spiritual way, guiding people towards spirituality. But the situation here and now is so grave that we, the sannyasins, will have to start right from scratch.

Real success is not measured by status, monetary gain or any personal achievement, but by how much one is able to offer others in their time of need, for their upliftment and for the removal of their distress.

— Swami Satyananda Saraswati





AMRIT LAHARI - WAVES OF NECTAR -

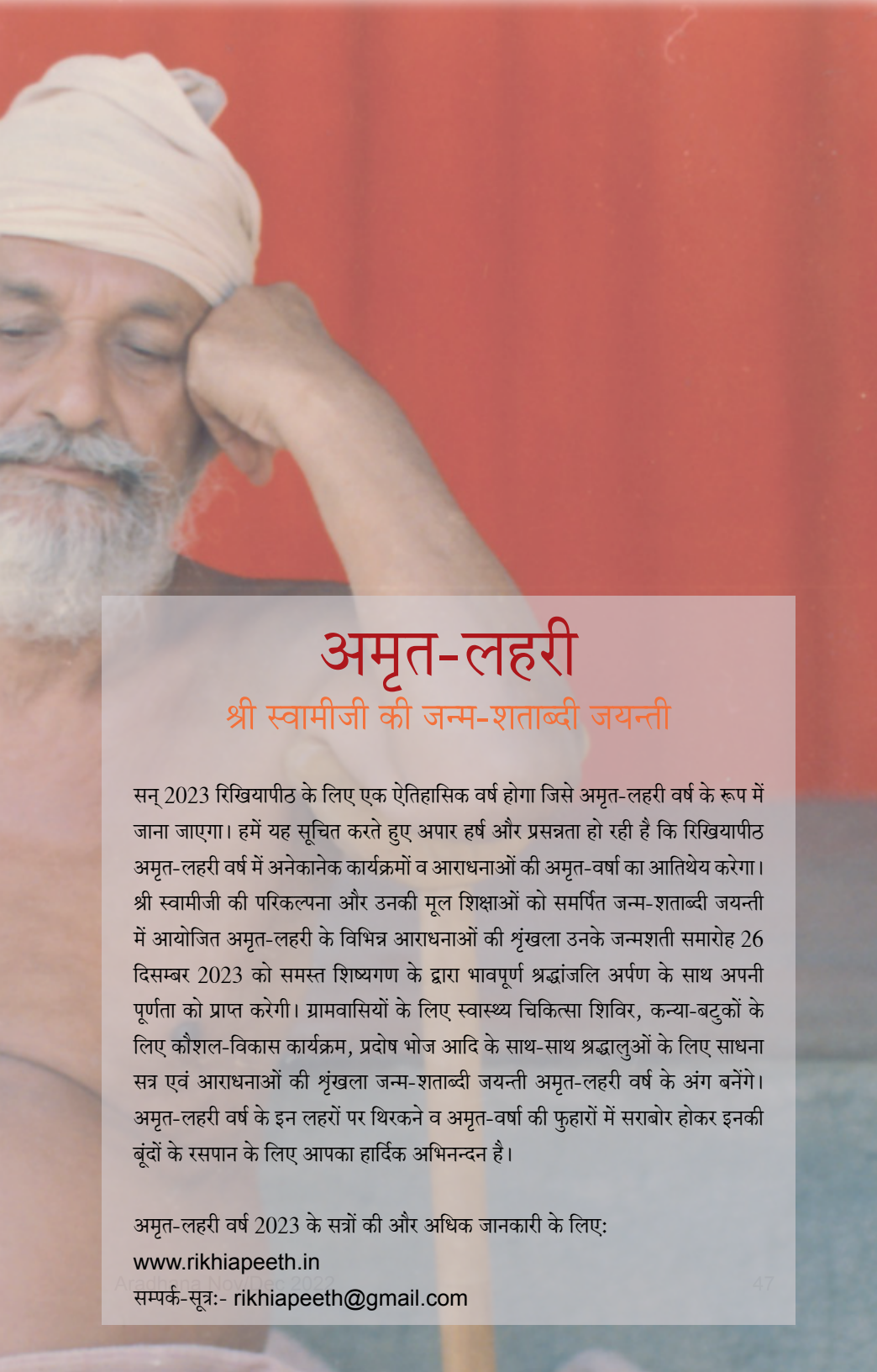
SRI SWAMIJI'S CENTENARY BIRTH ANNIVERSARY

We are pleased to announce that Rikhiapeeth will host a series of events throughout the year 2023, as tribute to pay homage to the life and teachings which Sri Swamiji lived and inspired at Rikhiapeeth. These events will come to a grand culmination on 26th December 2023, when we will celebrate the 100th birth anniversary of Paramahansa Swami Satyananda. Furthering Sri Swamiji's vision for Rikhiapeeth and the mandates of Serve, Love & Give, the events will include medical camps for the villagers, workshops for the kanyas and batuks, kanya bhoj, as well as many different aradhanas and sadhana retreats, all being conducted as part of the year-long centenary celebration of 'Amrit Lahari – Waves of Nectar'. This series of events will conclude with the annual yajnas of Sat Chandi Mahayajna (13th to 17th December), Ananda Utsav (19th & 20th December) and Yoga Purnima (22nd to 26th December).

For further information on 2023 events and retreats please visit our website: www.rikhiapeeth.in

For any queries please contact us at: rikhiapeeth@gmail.com

Aradhana Nov/Dec 2022



अमृत-लहरी

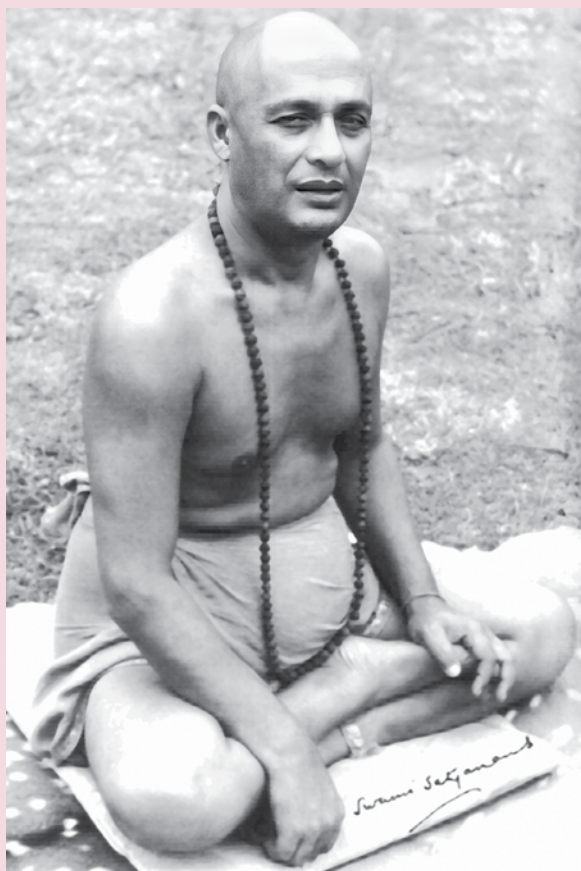
श्री स्वामीजी की जन्म-शताब्दी जयन्ती

सन् 2023 रिखियापीठ के लिए एक ऐतिहासिक वर्ष होगा जिसे अमृत-लहरी वर्ष के रूप में जाना जाएगा। हमें यह सूचित करते हुए अपार हर्ष और प्रसन्नता हो रही है कि रिखियापीठ अमृत-लहरी वर्ष में अनेकानेक कार्यक्रमों व आराधनाओं की अमृत-वर्षा का आतिथेय करेगा। श्री स्वामीजी की परिकल्पना और उनकी मूल शिक्षाओं को समर्पित जन्म-शताब्दी जयन्ती में आयोजित अमृत-लहरी के विभिन्न आराधनाओं की शृंखला उनके जन्मशती समारोह 26 दिसम्बर 2023 को समस्त शिष्यगण के द्वारा भावपूर्ण श्रद्धांजलि अर्पण के साथ अपनी पूर्णता को प्राप्त करेगी। ग्रामवासियों के लिए स्वास्थ्य चिकित्सा शिविर, कन्या-बटुकों के लिए कौशल-विकास कार्यक्रम, प्रदोष भोज आदि के साथ-साथ श्रद्धालुओं के लिए साधना सत्र एवं आराधनाओं की शृंखला जन्म-शताब्दी जयन्ती अमृत-लहरी वर्ष के अंग बनेंगे। अमृत-लहरी वर्ष के इन लहरों पर थिरकने व अमृत-वर्षा की फुहारों में सराबोर होकर इनकी बूंदों के रसपान के लिए आपका हार्दिक अभिनन्दन है।

अमृत-लहरी वर्ष 2023 के सत्रों की और अधिक जानकारी के लिए:

www.rikhiapeeth.in

सम्पर्क-सूत्र:- rikhiapeeth@gmail.com



“If you only live for yourself and your family, you cannot be happy. When you live for others, only then does your life have meaning. And when you live only for others, you are really great. God will definitely shower His blessings and grace on you. ”

— Swami Satyananda Saraswati

Rikhiapeeth Website: www.rikhiapeeth.in

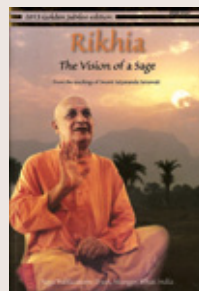
The Rikhiapeeth website is a sanctuary for all spiritual seekers, so that they may stay connected to the cardinal teachings of Swami Sivananda that are practised and lived here at Rikhiapeeth – ‘Serve, Love, and Give’. Be inspired by satsangs, information about the tradition and Rikhiapeeth.

On the website are topical satsangs of Swami Satyasangananda which are being posted regularly on the home page in the section: ‘From Rikhia the Tapobhumi of Swami Satyananda’.



Rikhia: The Vision of a Sage

Compiled from the satsangs and enlightening informal talks given by Sri Swami Satyananda Saraswati in Rikhia from the time of his arrival in 1989 until he attained Mahasamadhi on 5th December 2009. Through a mandate from God Sri Swamiji began to transform the lives of thousands of his poverty-stricken neighbours in Rikhia Panchayat. This book illustrates how this great soul gave everything to realise his divine mission.



Amrit Lahari - Waves of Nectar

Sri Swamiji's Centenary Birth Anniversary

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As a result of the current restrictions in place due to the pandemic we are unable to dispatch Aradhana Magazines by post. Until dispatch can resume, please feel free to read and download the latest issues of Aradhana which are available online free of cost at www.rikhiapeeth.in



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