

January 2023

Paush-Magh

Vikram Samvat 2079

SUN	MON	TUE	WED	THU	FRI	SAT	
1 New Year <i>Dashmi</i>	2 <i>Chanting of Bhagavad Gita</i> <i>Ekadashi</i>	3 <i>Dwadashi</i>	4 <i>Trayodashi</i>	5 Guru Bhakti Yoga <i>Chaturdashi</i>	6 Guru Bhakti Yoga <i>Pausha Purnima</i>	7 <i>Pratipada</i>	
8 <i>Dwitiya</i>	9 <i>Dwitiya</i>	10-14 LAKSHMI NARAYAN ARADHANA					14 <i>Saptami</i>
15 Makar Sankranti  <i>Ashtami</i>	16 <i>Navami</i>	17 <i>Dashmi</i>	18 <i>Chanting of Bhagavad Gita</i> <i>Ekadashi</i>	19 <i>Dwadashi</i>	20 <i>Trayodashi, Chaturdashi</i>	21 <i>Chanting of Sundarkand</i> <i>Amavasya</i>	
22 <i>Pratipada</i>	23 <i>Dwitiya</i>	24 <i>Tritiya</i>	25 <i>Chaturthi</i>	26 Basant Panchami <i>Panchami</i>	27 <i>Shashthi</i>	28 <i>Saptami</i>	
29 <i>Ashtami</i>	30 <i>Navami</i>	31 <i>Dashmi</i>		Life moves on the happy wings of hope. Swami Sivananda Saraswati			

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IMPORTANT DATES

1st New Year
2nd & 18th Chanting of Bhagavad Gita
4th & 19th Pradosh Vrat
5th & 6th Guru Bhakti Yoga
6th Purnima Havan
10th to 15th Lakshmi Narayan Aradhana
15th Makar Sankranti
21st Chanting of Sundarkand
26th Basant Panchami
Saturdays - Chanting of Maha Mrityunjaya Mantra

February 2023

Magh-Phalgun

Vikram Samvat 2079

SUN	MON	TUE	WED	THU	FRI	SAT
	Peace and joy are your heritage, not suffering. - Swami Satyananda Saraswati -		1 Chanting of Bhagavad Gita Ekadashi	2 Dwadashi	3 Trayodashi	4 Chaturdashi
5 Guru Bhakti Yoga Magh Purnima	6 Guru Bhakti Yoga Pratipada	7 Dwitiya	8 Tritiya	9 Chaturthi	10 Chaturthi	11 Panchami
12 Shashthi	13 Saptami	14 Ashtami	15 Navami, Dashmi	16 Chanting of Bhagavad Gita Ekadashi	17 MAHA SIVARATRI Dwadashi	
19 Chaturdashi	20 Chanting of Sundarkand Amavasya	21 Pratipada, Dwitiya	22 Tritiya	23 Chaturthi	24 Panchami	25 Shashthi
26 Saptami	27 Ashtami	28 Navami	When mankind learns how to love and serve one another, to be kind and tolerant to one another, to help one another and to share the problems, worries and ideas of others, then your family, your society and the world will be a better place to live in. - Swami Satyananda Saraswati -			

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IMPORTANT DATES
1st & 16th Chanting of Bhagavad Gita
2nd & 18th Pradosh Vrat
5th & 6th Guru Bhakti Yoga
5th Purnima Havan
17 & 18th Maha Sivaratri
20th Chanting of Sundarkand
Saturdays - Chanting of Maha Mrityunjaya Mantra

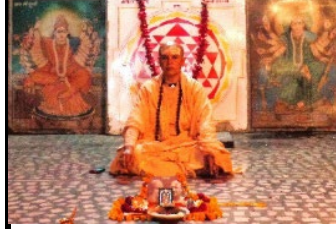
March 2023

Phalgun-Chaitra

Vikram Samvat 2079

SUN	MON	TUE	WED	THU	FRI	SAT
For God to enter your heart, you have to connect with each and every thing around you. - Swami Satyasangananda Saraswati-			1 Dashmi	2 Dashmi	3 Ekadashi 	4 Dwadashi 
5 Guru Bhakti Yoga Trayodashi	6 Guru Bhakti Yoga Chaturdashi	7 Purnima Havan Phalgun Purnima 	8 Holi Pratipada	9 Dwitiya	10 Tritiya	11 Chaturthi
12 Panchami	13 Shashthi	14 Saptami	15 Ashtami	16 Navami	17 Dashmi	18 Ekadashi Chanting of Bhagavad Gita 
19 Dwadashi, Trayodashi 	20 Chaturdashi	21 Chanting of Sundarkand Amavasya 	22 Chaitra Navaratri Pratipada	23 Chaitra Navaratri Dwitiya	24 Chaitra Navaratri Tritiya	25 Chaitra Navaratri Chaturthi
26 Chaitra Navaratri Panchami	27 Chaitra Navaratri Shashthi	28 Chaitra Navaratri Saptami	29 Chaitra Navaratri Ashtami	30 Chaitra Navaratri Navami	31 Dashmi	

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IMPORTANT DATES

3rd & 18th Chanting of Bhagavad Gita
4th & 19th Pradosh Vrat
5th & 6th Guru Bhakti Yoga
7th Purnima Havan
8th Holi
21st Chanting of Sundarkand
22nd-30th Chaitra Navaratri
Saturdays - Chanting of Maha Mrityunjaya Mantra

April 2023

Chaitra-Vaishakh

Vikram Samvat 2079-80

SUN	MON	TUE	WED	THU	FRI	SAT
Develop the awareness of that positive field of energy which is brimming with knowledge, with light, with all possibilities for your success and progress. - Swami Satyasangananda Saraswati -						1 Mantra Sadhana Retreat Begins <i>Ekadashi</i>
2 <i>Dwadashi</i>	3  <i>Dwadashi</i>	4 <i>Trayodashi</i>	5 Guru Bhakti Yoga <i>Chaturdashi</i>	6 Guru Bhakti Yoga & Hanuman Jayanti <i>Chaitra Purnima</i>	7 <i>Pratipada</i>	8 <i>Dwitiya</i>
9 <i>Tritiya</i>	WORKSHOPS					15 Akshay Tritiya Mantra Sadhana (till 23rd April) <i>Dashmi</i>
16 Chanting of Bhagavad Gita <i>Ekadashi</i>	17  <i>Dwadashi</i>	18 <i>Trayodashi</i>	19 <i>Chaturdashi</i>	20 Chanting of Sundarkand <i>Amavasya</i>	21 Akshay Tritiya <i>Pratipada</i>	22 Akshay Tritiya <i>Dwitiya</i>
23 Akshay Tritiya <i>Tritiya</i>	24 <i>Chaturthi</i>	25 <i>Panchami</i>	26 <i>Shashthi</i>	27 <i>Saptami</i>	28 <i>Ashtami</i>	29 <i>Navami</i>
30 Mantra Sadhana Retreat Ends <i>Dashmi</i>		Bhakti Yoga is the highest culmination point in a man's life. It is an experience which will completely transport you from this plane to that plane of experience within a moment. It does not take years to master but a few seconds only. Swami Satyananda Saraswati				

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IMPORTANT DATES

1st Mantra Sadhana Retreat Begins
 1st & 16th Chanting of Bhagavad Gita
 3rd & 17th Pradosh Vrat
 5th & 6th Guru Bhakti Yoga
 6th Purnima Havan
 10th to 14th Workshops
 15th to 23rd Akshay Tritiya Mantra Sadhana
 20th Chanting of Sundarkand
 21st -23rd Akshay Tritiya
 30th Mantra Sadhana Retreat Ends
 Saturdays - Chanting of Maha Mrityunjaya Mantra

May 2023

Vaishakh-Jyeshtha

Vikram Samvat 2080

SUN	MON	TUE	WED	THU	FRI	SAT
	1 Chanting of Bhagavad Gita Ekadashi	2 Dwadashi	3 Trayodashi	4 Chaturdashi	5 Guru Bhakti Yoga Vaishakh Purnima	6 Guru Bhakti Yoga Pratipada
7 Dwitiya	8 Tritiya	9 Chaturthi	10 Panchami	11 Shashthi	12 Saptami	13 Ashtami, Navami
14 Dashmi	15 Chanting of Bhagavad Gita Ekadashi	16 Dwadashi	17 Trayodashi	18 Chaturdashi	19 Chanting of Sundarkand Amavasya	20 Pratipada
21 Dwitiya	<p style="text-align: center;">VOCATIONAL WORKSHOPS</p>					
	Tritiya	Chaturthi	Panchami	Shashthi	Saptami	Saptami
28 Ashtami	29 Navami	30 Dashmi	31 Chanting of Bhagavad Gita Ekadashi	<p>Unless you are able to bring happiness to each and every person, your philosophy is a farce. It is meaningless. Your religions are futile. - Swami Satyananda Saraswati -</p>		

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IMPORTANT DATES

1st, 15th & 31st Chanting of Bhagavad Gita
 3rd & 17th Pradosh Vrat
 5th & 6th Guru Bhakti Yoga
 5th Purnima Havan
 19th Chanting of Sundarkand
 22nd to 27th Vocational Workshkops
 Saturdays - Chanting of Maha Mrityunjaya Mantra


June 2023

Jyeshtha-Ashadha

Vikram Samvat 2080

SUN	MON	TUE	WED	THU	FRI	SAT
	By right thinking, enquiry and strong self-effort one can become a master of one's destiny. Swami Sivananda Saraswati			1  <i>Dwadashi</i>	2 <i>Trayodashi</i>	3 <i>Chaturdashi</i>
4 <i>Purnima Havan</i> <i>Jyeshtha Purnima</i>	5 Guru Bhakti Yoga <i>Pratipada, Dwitiya</i>	6 Guru Bhakti Yoga <i>Tritiya</i>	7 <i>Chaturthi</i>	8 Karma Sannyasa Sadhana Retreat Begins <i>Panchami</i>	9 <i>Shashthi</i>	10 <i>Saptami</i>
11 <i>Ashtami</i>	12 <i>Navami</i>	13 <i>Dashmi</i>	14  <i>Ekadashi</i>	15  <i>Dwadashi</i>	16 <i>Trayodashi</i>	17 <i>Chaturdashi</i>
MEDICAL CAMP						
18 <i>Chanting of Sundarkand</i> <i>Amavasya</i>	NAVAAN PARAAYAN (GUPTA NAVARATRI)					
	<i>Pratipada</i>	<i>Dwitiya</i>	<i>Tritiya</i>	<i>Chaturthi</i>	<i>Panchami</i>	<i>Shashthi</i>
25 NAVAAN PARAAYAN (GUPTA NAVARATRI)	26	27	28	29 <i>Chanting of Bhagavad Gita</i> <i>Ekadashi</i>	30 <i>Dwadashi</i>	
<i>Saptami</i>	<i>Ashtami</i>	<i>Navami</i>	<i>Dashmi</i>			



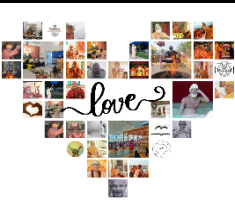

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IMPORTANT DATES

1st & 15th Pradosh Vrat
 4th Purnima Havan
 5th & 6th Guru Bhakti Yoga
 8th Karma Sannyasa Sadhana Retreat Begins
 14th & 29th Chanting of Bhagavad Gita
 14th to 17th Medical Camp
 18th Chanting of Sundarkand
 19th to 27th Chanting of Navaan Paraayan
 Saturdays - Chanting of Maha Mrityunjaya Mantra

July 2023 Ashadh-Shravan-Shravan (Adhik) Vikram Samvat 2080










SUN	MON	TUE	WED	THU	FRI	SAT
		Guru is that luminous energy that removes the darkness from within ourselves. Swami Satyasangananda Saraswati				1 Guru Purnima Aradhana (1st to 3rd July) <i>Trayodashi</i>
2 <i>Chaturdashi</i>	3 Guru Purnima <i>Ashadh Purnima</i>	4 <i>1st Day of Shravan - Siva Aradhana</i> <i>Pratipada (Shravan)</i>	5 Guru Bhakti Yoga <i>Dwitiya</i>	6 Guru Bhakti Yoga <i>Tritiya</i>	7 <i>Chaturthi, Panchami</i>	8 <i>Shashthi</i>
9 <i>Saptami</i>	10 <i>Ashtami</i>	11 <i>Navami</i>	12 <i>Dashmi</i>	13 <i>Chanting of Bhagavad Gita</i> <i>Ekadashi</i>	14 <i>Dwadashi</i>	15 <i>Trayodashi</i>
16 <i>Chaturdashi</i>	17 <i>Chanting of Sundarkand</i> <i>Amavasya</i>	18 ----- VOCATIONAL WORKSHOPS -----				22 Karma Sannyasa Sadhana Retreat Ends <i>Chaturthi*</i>
23 <i>Panchami*</i>	24 <i>Shashthi*</i>	25 <i>Saptami*</i>	26 <i>Ashtami*</i>	27 <i>Navami*</i>	28 <i>Dashmi*</i>	29 <i>Chanting of Bhagavad Gita</i> <i>Ekadashi*</i>
30 <i>Dwadashi*</i>	31 <i>Trayodashi, Chaturdashi*</i>					

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IMPORTANT DATES
1st, 15th, 30th Pradosh Vrat
1st to 3rd Guru Purnima
3rd Purnima Havan
4th 1st Day of Shravan
5th & 6th Guru Bhakti Yoga
13th & 29th Chanting of Bhagavad Gita
17th Chanting of Sundarkand
18th to 22nd
Vocational workshops
22nd Karma Sannyasa Sadhana Retreat ends
Saturdays - Chanting of Maha Mrityunjaya Mantra
* Adhik Maas

August 2023

Shravan (Adhik) - Shravan

Vikram Samvat 2080



SUN	MON	TUE	WED	THU	FRI	SAT
		1 Purnima  Havan Shravan Purnima (Adhik)	2 Pratipada*	3 Dwitiya*	4 Tritiya*	5 Guru Bhakti Yoga Chaturthi*
6 Guru Bhakti Yoga Panchami, Shashthi*	7 Saptami*	8 Ashtami*	9 Navami*	10 Dashmi*	11 Dashmi*	12 Chanting of Bhagavad Gita  Ekadashi*
13  Dwadashi*	14 Trayodashi*	15 Chaturdashi*	16 Jignasu Sannyasa Sadhana Retreat Begins  Amavasya*	17 Pratipada (Shravan)	18 Dwitiya	19 Tritiya
20 Chaturthi	21 Panchami	22 Shashthi	23 Saptami	24 Ashtami	25 Navami	26 Dashmi
27 Sri Radha  Krishna Jhoolan Ekadashi	28 Sri Radha  Krishna Jhoolan Dwadashi	29 Sri Radha Krishna Jhoolan Trayodashi	30 Sri Radha Krishna Jhoolan Chaturdashi	31 Sri Radha Krishna Jhoolan (Raksha Bandhan) Shravan Purnima, Pratipada 		

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IMPORTANT DATES
29th July -1st Aug Jhoolan
1st & 31st Purnima Havan
5th & 6th Guru Bhakti Yoga
12th & 27th Chanting of Bhagavad Gita
13th & 28th Pradosh Vrat
16th Chanting of Sundarkand
16th Jignasu Sannyasa Sadhana Retreat Begins
27th to 31st Sri Radha Krishna Jhoolan
Saturdays - Chanting of Maha Mrityunjaya Mantra
* Adhik Maas

September 2023

Bhadrapad-Jyeshtha

Vikram Samvat 2080

SUN	MON	TUE	WED	THU	FRI	SAT
	<p>He who feels as his own, the joys and sorrows of others is a true Yogi.</p> <p>- Swami Sivananda Saraswati -</p>				1 <i>Dwitiya</i>	2 <i>Tritiya</i>
3 <i>Chaturthi</i>	4 MEDICAL CAMP (4th to 6th) <i>Panchami</i>	5 Guru Bhakti Yoga Yoga <i>Shashthi</i>	6 Guru Bhakti Yoga Yoga <i>Saptami</i>	7 Krishna Janmashtami <i>Ashtami</i>	8 Swami Sivananda Janmotsav <i>Navami</i>	9 <i>Dashmi</i>
BHAGAVAT						
10 <i>Chanting of Bhagavad Gita</i> <i>Ekadashi</i>	11 <i>Chanting of Bhagavad Gita</i> <i>Dwadashi</i>	12 Sri Swamiji Sannyasa Diwas <i>Trayodashi</i>	13 <i>Chanting of Bhagavad Gita</i> <i>Chaturdashi</i>	14 <i>Chanting of Sundarkand</i> <i>Amavasya</i>	15 <i>Chanting of Sundarkand</i> <i>Amavasya</i>	16 <i>Chanting of Sundarkand</i> <i>Pratipada</i>
BHAGAVAT						
17 <i>Chanting of Bhagavad Gita</i> <i>Dwitiya</i>	18 <i>Chanting of Bhagavad Gita</i> <i>Tritiya</i>	19 Ganesh Chaturthi <i>Chaturthi</i>	20 <i>Chanting of Bhagavad Gita</i> <i>Panchami</i>	21 <i>Chanting of Bhagavad Gita</i> <i>Shashthi</i>	22 <i>Chanting of Bhagavad Gita</i> <i>Saptami</i>	23 Rikhia Aagaman <i>Ashtami</i>
24 <i>Chanting of Bhagavad Gita</i> <i>Navami</i>	25 <i>Chanting of Bhagavad Gita</i> <i>Dashmi, Ekadashi</i>	26 <i>Chanting of Bhagavad Gita</i> <i>Dwadashi</i>	27 <i>Chanting of Bhagavad Gita</i> <i>Trayodashi</i>	28 <i>Chanting of Bhagavad Gita</i> <i>Chaturdashi</i>	29 <i>Purnima Havan</i> <i>Bhadrapad Purnima</i>	30 Jignasu Sannyasa Sadhana Retreat Ends <i>Pratipada</i>

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IMPORTANT DATES

4th-6th Medical Camp
 5th-12th Bhagavat Saptah
 5th & 6th Guru Bhakti Yoga
 7th Krishna Janmashtami
 8th Sw.Sivananda Janmotsav
 10th & 25th Chanting of Bhagavad Gita
 12th Sri Swamiji Sannyasa Diwas
 12th & 27th Pradosh Vrat
 14th Chanting of Sundarkand
 19th Ganesh Chaturthi
 23rd Rikhia Aagaman
 29th Purnima Havan
 30th Jignasu Sannyasa Sadhana Retreat Ends
 Saturdays - Chanting of Maha Mrityunjaya Mantra


October 2023

Jyeshtha-Ashwin

Vikram Samvat 2080

SUN	MON	TUE	WED	THU	FRI	SAT
1 <i>Dwitiya</i>	2 Ashram Life Retreat Begins <i>Tritiya, Chaturthi</i>	3 <i>Panchami</i>	4 <i>Shashthi</i>	5 Guru Bhakti Yoga <i>Saptami</i>	6 Guru Bhakti Yoga <i>Saptami</i>	7 <i>Ashtami</i>
8 <i>Navami</i>	9 <i>Dashmi</i>	10 <i>Chanting of Bhagavad Gita</i> <i>Ekadashi</i>	11 <i>Dwadashi</i>	12 <i>Trayodashi</i>	13 <i>Chaturdashi</i>	14 <i>Chanting of Sundarkand</i> <i>Amavasya</i>
15 Ashwin Navaratri <i>Pratipada</i>	16 Ashwin Navaratri <i>Dwitiya</i>	17 Ashwin Navaratri <i>Tritiya</i>	18 Ashwin Navaratri <i>Chaturthi</i>	19 Ashwin Navaratri <i>Panchami</i>	20 Ashwin Navaratri <i>Shashthi</i>	21 Ashwin Navaratri <i>Saptami</i>
22 Ashwin Navaratri <i>Ashtami</i>	23 Ashwin Navaratri <i>Navami</i>	24 Vijaya Dashmi <i>Dashmi</i>	25 <i>Chanting of Bhagavad Gita</i> <i>Ekadashi</i>	26 <i>Dwadashi</i>	27 <i>Trayodashi, Chaturdashi</i>	28 <i>Purnima Havan</i> <i>Ashwin Purnima</i>
29 <i>Pratipada</i>	30 <i>Dwitiya</i>	31 <i>Tritiya</i>	Try to be happy in any place, under any conditions. You will then become a strong and dynamic personality. This is a great secret. - Swami Sivananda Saraswati -			

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IMPORTANT DATES


2nd Ashram Life Retreat Begins
 5th & 6th Guru Bhakti Yoga
 10th & 25th Chanting of Bhagavad Gita
 11th & 26th Pradosh Vrat
 14th Chanting of Sundarkand
 15th - 23rd Oct
 Ashwin Navaratri
 24th Vijaya Dashmi
 28th Purnima Havan
 Saturdays - Chanting of Maha Mrityunjaya Mantra

December 2023

Kartik-Margshirsh

Vikram Samvat 2080

SUN	MON	TUE	WED	THU	FRI	SAT
 <p>Yajna restores the balance in nature, it makes nature happy, and this in turn is communicated to the environment and the people who inhabit it. - Swami Satyananda Saraswati -</p>					1 <i>Chaturthi</i>	2 <i>Panchami</i>
3 <i>Shashthi</i>	4 <i>Saptami</i>	5 Guru Bhakti Yoga <i>Ashtami</i>	6 Guru Bhakti Yoga <i>Navami</i>	7 <i>Dashmi</i>	8 <i>Chanting of Bhagavad Gita</i> <i>Ekadashi</i>	9 <i>Dwadashi</i>
10 <i>Trayodashi</i>	11 <i>Trayodashi, Chaturdashi</i>	12 <i>Chanting of Sundarkand</i> <i>Amavasya</i>	13 Sat Chandi Mahayajna <i>Pratipada</i>	14 Sat Chandi Mahayajna <i>Dwitiya</i>	15 Sat Chandi Mahayajna <i>Tritiya</i>	16 Sat Chandi Mahayajna <i>Chaturthi</i>
17 Sat Chandi Mahayajna <i>Panchami</i>	18 <i>Shashthi</i>	19 Ananda Utsav <i>Saptami</i>	20 Ananda Utsav <i>Ashtami</i>	21 <i>Navami</i>	22 Yoga Purnima <i>Dashmi</i>	23 Yoga Purnima <i>Ekadashi, Dwadashi</i>
24 Yoga Purnima & Christmas Eve <i>Trayodashi</i>	25 Yoga Purnima & Christmas Day <i>Chaturdashi</i>	26 Yoga Purnima <i>Margshirsh Purnima</i>	27 <i>Pratipada</i>	28 <i>Dwitiya</i>	29 <i>Dwitiya</i>	30 Ashram Life Retreat Ends <i>Tritiya</i>
31 New Year's Eve <i>Chaturthi</i>	<p>There is no yajna greater than serving the poor and sick. Burn your incense, wave your lights, offer your flowers in the form of clothing, food, medicine, education and shelter. Swami Sivananda Saraswati</p>					

RIKHIAPEETH

IMPORTANT DATES
5th & 6th Guru Bhakti Yoga
8th & 23rd Chanting of Bhagavad Gita
10th & 24th Pradosh Vrat
12th Chanting of Sundarkand
13th-17th Sat Chandi Mahayajna
19th & 20th Ananda Utsav
22nd-26th Yoga Purnima
24th & 25th Christmas
26th Purnima Havan
30th Ashram Life Retreat Ends
31st New Year's Eve
Saturdays - Chanting of Maha Mrityunjaya Mantra