

# ARADHANA

## Yoga of the heart ♥

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Year 11 Issue 1  
Jan/Feb 2022



Rikhiapeth, Rikhia, Deoghar, Jharkhand, India

ARADHANA Yoga of the heart ❤️ is an offering to Paramguru Swami Sivananda and our beloved Pujya Gurudev Swami Satyananda.

It is compiled, composed and published as an offering of seva by the sannyasin disciples, devotees and well-wishers of Paramahansa Satyananda.

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**ARADHANA Yoga of the heart**  
**is a bi-monthly journal for**  
**free distribution.**

Cover photo: Guru Puja, Sat  
Chandi Mahayajna 2021



**Rikhiapeeth**, the tapobhumi of Swami Satyananda Saraswati, has developed into a vibrant spiritual epicentre abundant in peace, plenty and prosperity. Aspirants, seekers, devotees, householders and sannyasins come from all parts of the world to live and work together for the benefit of others by following the high ideals of seva (selfless service), sadhana (spiritual practice), swadhyaya (self study) and satsang (association with truth), as taught by Swami Sivananda and established by Swami Satyananda. It is a place of inspiration and joy for the thousands of natives who live in the hundreds of villages that surround Rikhiapeeth, as well as for millions of spiritual aspirants and devotees who come to imbibe the spiritual vibrations that abound in this sacred place.

ARADHANA Yoga of the heart ❤️ is intended to share the profound teachings and lifestyle that are being practised and lived in this sacred place for the benefit of all.

This issue of ARADHANA is intended to share a glimpse of some of the activities of Rikhiapeeth during 2021 - which included Aradhanas, Retreats, Yajnas and extensive Seva (service) of the rural communities.

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### Aradhana Invocation

देवान्भावयतानेन ते देवा भावयन्तु वः । परस्परं भावयन्तः श्रेयः परमवाप्स्यथ ॥ Bhagavad Gita 3:11  
Yajnas nourish, strengthen and empower the Devas, they in turn empower us.  
Strengthening and nourishing each other in this way, both attain shreya (prosperity).



Rikhiapeeth is where Swami Satyananda lived the life of a Paramahansa Yogi, for twenty years performing long and arduous yogic sadhanas before taking Samadhi here in 2009.

In keeping with the yogic and spiritual legacy he left behind, the sprawling ashram has evolved into a vibrant epicentre where the peace, harmony and true joy of living an authentic Yogic lifestyle can be experienced.

Rikhiapeeth offers inspiration to sincere aspirants looking for a wholistic approach to Yoga. It also is a sanctuary to an increasing numbers of people seeking solace and peace from pandemic related stress and challenges.



Throughout 2021, despite the challenges faced due to the Corona virus pandemic, the activities established at Rikhiapeeth for the upliftment of all, were conducted by the sannyasins and residents with dedication and commitment, under the loving guidance of Peethadhishwari Swami Satyasangananda.

This special issue of Aradhana is intended to share a glimpse of some of the activities of Rikhiapeeth during 2021 - which included Aradhanas, Retreats, Yajnas and extensive seva (service) of the rural communities.

We hope that this edition brings you inspiration and renewed dedication to see that the lifestyle and teachings of Paramahansa Satyananda continue to be practiced and lived in the place that he loved - Rikhia.





# New Year

1st January 2021

The year 2021 was welcomed with an invocation to Vishnu and Ganesha with the sacred chants of Purusha Suktam and the Atharvasheersham by the learned pandits from Kashi. In the presence of Peethadhiswari Swami Satyasangananda Saraswati, the aradhana and havan were conducted to spread the healing vibrations from the tapobhumi of Paramahansa Satyananda for universal health, peace, plenty and prosperity. Igniting a flame of auspiciousness and inspiration, this event was an offering of gratitude to Sri Swamiji by the sannyasins of Rikhiapeth.





# Panchagni Sadhana

14th January to 14th February 2021



I did panchagni only to continue and maintain a tradition. In this way, I am expressing my love for my beloved, through the medium of panchagni, which is the tradition Gurudev Paramahansa Satyananda started here.

- Swami Satyasangananda Saraswati -





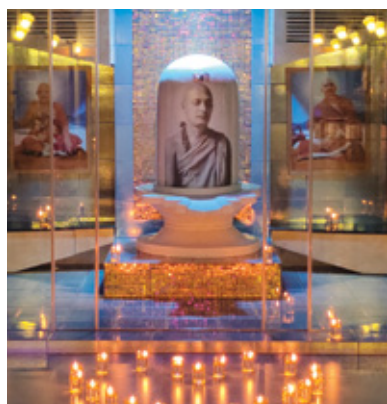
# Maha Sivaratri

11th March 2021



You see the most important thing you have to remember is that if you want to get out of this level of consciousness in which you are, then you have to use some such means which will have a direct effect on the inner force, and that inner force is called Siva. This is the philosophy about Sivalingam. That is why concentration and meditation on Sivalingam are considered very important, because it can explode the inner source of awareness where infinite knowledge is hidden and where the possibility of the great evolution of man is stored.

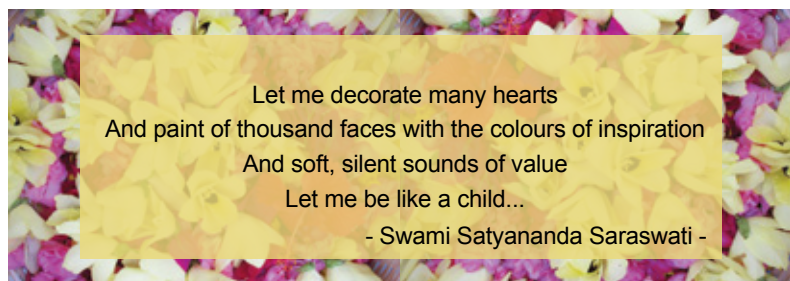
- Swami Satyananda Saraswati -





# Holi Celebration

28 - 29th March 2021



# Chaitra Navaratri

13th to 21st April 2021

During the auspicious period of Navaratri, the entire universe is actively supporting personal growth and transformation. Any sadhana performed during this time is intensified and has the power to purify hearts and elevate minds. Following the ashram tradition, during the nine-day Chaitra Navaratri Aradhana, Lord Rama was invoked and worshiped with the Navaan Parayan of the Ramacharitamangas, chanted by the sannyasins and residents of Rikhia. With each passing day a powerful unifying field was generated by the chanting of the mantras and repetition of the name of Lord Ram. It was a most powerful Navaratri anusthan that connected all with the tradition of remembrance and worship that was established at Rikhiapeth by Swami Satyananda to maximize the collective spiritual benefits of this most auspicious time.



# Akshay Tritiya

14th May 2021

Akshay Tritiya, which falls during Uttarayan, was a very special day for Swami Satyananda's sadhana as the akshay tithi magnifies and renders indestructible whatever one does on that day. To highlight the permanent nature of the akshay tithi during his tapasya at Rikhiapeeth Sri Swamiji performed many sadhanas and rituals on this day as well as establishing the tradition of 'giving' as an essential element of this auspicious day.

On this day Devi prasad of clothes, utensils, grains and other household amenities were offered to the villagers of Rikhia and surrounding panchayats. Cows and oxen were also given to deserving recipients.





# Guru Bhakti Yoga

5th & 6th of Every Month



Guru Bhakti is the magic wand in the hands of the disciple to cross the ocean of samsara. Guru Bhakti will make possible for you all that is impossible. The unattainable can be attained by Guru Bhakti.

- Swami Sivananda Saraswati -



# Guru Purnima

24th July 2021

Rikhiapeeth hosted a beautiful Guru Purnima celebration at the Samadhi Sthal of Puja Gurudev in the presence of Peethadhishwari Swami Satyasangananda Saraswati.

On this day prasad was offered to all the kanya and batuks who received the bountiful blessings which are showered on this most auspicious occasion. Swami Satyasangananda gave inspiring and uplifting satsangs on the role the guru plays in the life of an aspirant, and the entire day was spent bathing in mantras, kirtans and pujas. On the day of Guru Purnima abhishek of the Guru Paduka was performed which then continued into the month long worship of Adi Guru Lord Shiva, throughout the auspicious month of Shraavan.





# Sri Radha Krishna Jhoolan

## श्री राधाकृष्ण झूलन

18th to 22nd August 2021

Sri Swamiji started this aradhana here at Rikhiapeeth over 30 years ago for the spiritual upliftment of all, especially his neighbours. Through this aradhanas, he sowed the seeds of bhakti in all of us. We are forever grateful to Gurudev for showing us a way to develop a relationship with God. Hari Bol! Hari Bol! Hari Hari Bol! Radha Bol! Radha Bol! Radha Radha Bol! Bol!

- Swami Satyasangananda Saraswati

श्री स्वामीजी ने 30 साल पहले रिखियापीठ में राधा-कृष्ण झूलनोत्सव के आयोजन का श्री गणेश विशेषतः ग्रामवासियों तथा सभी प्रतिभागियों के आध्यात्मिक उत्थान के उद्देश्य की पूर्ति के लिए किया था। इस आराधना के माध्यम से उन्होंने हम सभी में भक्ति के बीज बोए। भगवान के साथ सम्बन्ध स्थापित करने के इन अनूठे तरीकों से परिचित कराने के लिए हम गुरुदेव के प्रति सदैव कृतज्ञ रहेंगे।



# Dance of Shiva

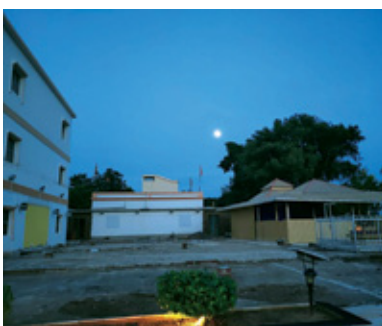
## The Transformation of the Samadhi Sthal

Throughout 2021 the reconstruction of the Samadhi Sthal of Paramahansa Satyananda has been undertaken as an offering of love to Guru. Swami Satyasangananda has named this historic project 'The Dance of Shiva'.

'The Dance of Siva, is the mammoth task of re-making Swamiji's Samadhi. We are not just re-making it, we are creating it. We are creating Swamiji's Samadhi and giving it a final shape. This is a historical event, one that I feel surpasses any yajna, any sadhana, even the panchagni. It surpasses anything I have ever done. This is the greatest seva that has fallen in my lap. I feel that God is very kind to make me part of this creation.'

-Swami Satyasangananda Saraswati









# Trayodashi

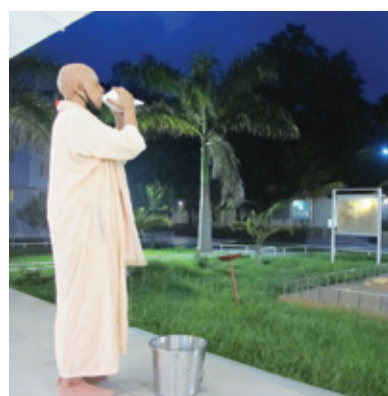
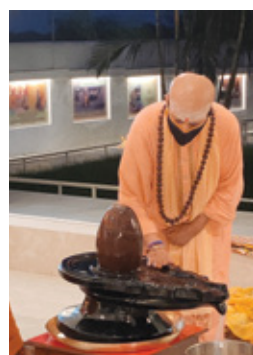
Swami Satyasangananda Saraswati

The Dance of Siva is going on at the Samadhi Sthal – The Tandava. The whole place is becoming like it was when Sri Swamiji came here in '89. It was all barren then. It was difficult to walk because all the stones and thorns would get into your feet. This return to that state, I take it as a very good sign, I take it as an auspicious sign that the Tandava has begun. The whole place is being deconstructed, dismantled, demolished and then it will all be reconstructed.

Throughout 2021 at Rikhiapeeth we will conduct the worship of the Siva Lingam every Trayodashi. The theme for this aradhana is also the Dance of Siva, because it is an invocation of Siva to fulfil this mammoth task of re-making Swamiji's Samadhi.

This worship of Siva will give momentum to the dance. It will give force to the creation of Swamiji's Samadhi. You can say that this sadhana is setting the wheels of this work in motion. Through this worship we will receive the energy.

There are parallel processes taking place here. One is the ritual we're doing here every Trayodashi, the abhishek of Siva lingam done with love, devotion and surrender. And the other is the activity taking place in Samadhi Sthal, the Dance of Siva at the Tapobhumi of Swamiji.







# Das Mahavidya Abhishek

September 2021

Swami Satyasangananda conducted a 10 day Anusthan which featured daily worship of the Das Mahavidya. Each day one of the Das Mahavidya, the 10 manifestations of Shakti, was invoked and worshipped with mantras and traditional abhishek.

The Mahavidyas can be regarded as a protective shield that the sadhaka is endowed with due to his sincerity in sadhana. They carry out all their functions at the behest of Devi, or Adi Shakti, of whom they are direct evolutes, created out of her own sweet will. Shakti will decide the exact and correct moment for the sadhaka's union with Shiva, the cosmic consciousness. At that time the Das Mahavidyas will open the gates for the ascent of consciousness to sahasrara chakra, the thousand-petalled lotus at the crown of the head.

-Swami Satyasangananda Saraswati-





# Sivananda Janmotsav

8th September





## आठ सितम्बर

जन्म दिवस है आज, सब जय-मंगल गाते ।  
आनंद कुटीर में चहल-पहल, गिरि बन सुरसरि गाते ॥  
मुनि पद भूमा धन्य हुई है,  
अलकनन्दिनी हर्षमयी है,  
सब मिलकर गाते,  
जन्म दिवस है आज सब जय-मंगल गाते ॥1॥

दूर-दूर से भक्त पधारे हैं,  
गुरुपद-रज नवकमल बने हैं ।  
जिन चरणों को जगत् तरसता,  
भक्त उन्हें हैं धोते,  
योगीजन सम्राट विजय हो, मंगल जय होवे ।  
जन्म दिवस है आज सब जय-मंगल गाते ॥2॥

चन्द्र दिवाकर सम छवि लेकर,  
धर्मपताका अम्बर पथ पर,  
युग-युग तक फहरावें,  
जन्म दिवस है आज सब जय-मंगल गाते ॥3॥  
युग-युग स्वामी अमर बनो हे,  
सत्य चिरन्तन ज्योति बनो हे,  
जयतु शिवानन्द अमृत गाना,  
आज सभी मिल गाते,  
जन्म दिवस है आज सब जय-मंगल गाते ॥4॥

जीवन में उल्लास जगा दे, पावन श्रुति गाते ।  
गो द्विज याचक मुक्त बने हैं,  
करुण पतित के भाग्य जगे हैं,  
इन्द्र सूर्य सम युग-युग जीना,  
अमर नाम का अमृत पीना,  
युग-युग जीवो देव 'शिवानन्द' आज सभी गाते ।  
जन्म दिवस है आज सब जय-मंगल गाते ॥5॥

- Swami Satyananda Saraswati

# Rikhia Agaman

23rd September 2021



This land has a destiny. Like each of us has a destiny, the land also has a destiny, and that destiny unfolds at the right time, at the right place, at the right moment and by the right person. Just as it did for Rikhia by Sri Swamiji setting foot on this land on 23rd September 1989.

- Swami Satyasangananda Saraswati





# Ashwin Navaratri

Naumi, 14th October 2021



Prasad Distribution to 64 Kanyas of Rikhia as a symbolic offering to the 64 Yoginis

# Tulsi Vivah

15th November 2021





# Sat Chandi Mahayajna

5th to 8th December 2021

The year 2021 heralded yet another auspicious milestone in the journey of Rikhiapeeth. The 5th of December has been commemorated throughout the world as the day when Sri Swami Satyananda attained Maha Samadhi. This year, not only did it mark the onset of the 27th Sat Chandi Mahayajna (completing one whole sumerini of yajnas) but it also marked the completion of a 12-year cycle from the day of Maha Samadhi in 2009.

This was the second year that the yajna was conducted in midst of the pandemic, and it was hosted at the Antrarikh Venue, in the blessed presence of Swami Satyasangananda Saraswati and Swami Niranjanananda Saraswati - with vibrant mantras chanted by the learned pandits of Kashi, and presided over by Devi Herself, who manifested in innumerable ways throughout the event.

Maintaining all pandemic protocols, yajna prasad was distributed to thousands of villagers covering each and every family of Rikhia Panchayat. The event concluded with Kanya Bhoj, in which 108 kanyas were offered prasad - a tradition very dear to Sri Swamiji along with the marriage of Ram and Sita, who continue to live 'happily ever after' at Rikhiapeeth! Jai Mata Di!







# शतचण्डी महायज्ञ

5-8 दिसम्बर 2021

वर्ष 2021 रिखियापीठ की यात्रा में एक अत्यन्त शुभ मील का पत्थर साबित हुआ। 5 दिसम्बर 2009 को श्री स्वामी सत्यानन्दजी ने महासमाधि ली। तब से 5 दिसम्बर को सम्पूर्ण विश्व में महासमाधि दिवस के रूप में मनाया जाता है और इसी शुभ दिवस से ही वर्ष 2021 में 27वें वार्षिक शतचण्डी महायज्ञ (यज्ञों की एक पूरी सुमेरिनी) का श्री गणेश हुआ। साथ ही महासमाधि के 12 वर्षीय कालचक्र की इतिश्री का अनुपम व दिव्य संयोग भी परम सौभाग्यशाली था।

महामारी के मध्य लगातार दूसरे वर्ष में आयोजित शतचण्डी महायज्ञ पीठाधीश्वरी स्वामी सत्यसंगानन्द सरस्वती के मार्गदर्शन और परमाचार्य स्वामी निरंजनानन्द सरस्वती के सान्निध्य में निर्विघ्नतापूर्वक सम्पन्न हुआ। अंतरिक्ष प्रांगण में आयोजित इस महायज्ञ में काशी के पंडितों द्वारा उच्चारित मंत्रों के गुंजन के मध्य, जगत् जननी माँ की अलौकिक उपस्थिति बोधगम्य थी।

महामारी के लिए निर्देशित सभी नियमों का दृढ़तापूर्वक पालन करते हुए यज्ञ प्रसाद रिखिया पंचायत के हजारों ग्रामीण परिवारों को वितरित किया गया। महायज्ञ की समाप्ति पारम्परिक कन्या पूजन के साथ हुई जो श्री स्वामीजी को अतिप्रिय थी। पूरे रीति-रिवाजों के साथ 108 कन्याओं का पूजन कर उन्हें भोजन, वस्त्र व यज्ञ प्रसाद अर्पित किए गए। राम-सीता विवाह के साथ इस महायज्ञ ने अपनी पूर्णता को प्राप्त किया।





# Kanya Pujan

Final Day of Sat Chandi Mahayajna 2021





These kanyas, who epitomise the beauty of Rikhiya and the beauty of this yajna, are chosen as the medium of the formless Divine Mother. They have been chosen as the medium, just as you choose a copper wire as the medium of conducting electricity because it is a good conductor. In the same spirit, in the same way, and in the light of the same technology, we have chosen these kanyas as the medium, as they are good conductors of the divine energy which we are invoking in this Satchandi Mahayajna.

- Swami Satyananda Saraswati









# Ananda Utsav – Ganesh Aradhana

11th & 12th December, 2021

Paramahansa Satyananda had said, “Chandi and Ganesh are the powers that have to be invoked in Kali Yuga. Chandi brings about transformation and Ganesh brings auspiciousness.” With this maxim as the impetus, Peethadhiswari Satyasangananda further refined the tradition of annual invocation and worship at Rikhiapeeth with the inclusion of Ganesh Aradhana as a link between Sat Chandi Mahayajna and Yoga Purnima.

After bidding farewell to Devi, it is Her charismatic son Ganesha who was invoked in a beautiful Aradhana held at Sivananda Sarovar at Tulsi Kutir, the place where Sri Swamiji attained Maha Samadhi. Ganesha is the lord of all the arts and loves all the good things in life too! He is the very embodiment of auspiciousness, and Swami Satyasangananda established this invocation as a means of bringing our cosmic parents together, after the Sat Chandi and before Yoga Purnima. The entire army of Ganeshas at Rikhiapeeth were worshipped, bathed, and adorned - as the soothing mantras of Ganesha reverberated across the entire premises.

Ganapati Bappa...Morya!





# Yoga Purnima

15th to 19th December, 2021

Paramahansa Satyananda established the annual Mahamrityunjaya Yajna during Yoga Purnima, as it is another very important and effective yajna to facilitate the health, well-being, protection and upliftment of mankind. Yoga Purnima is a five day glorification of the Supreme consciousness, Siva. During this yajna proficient pandits from Varanasi chant daily the sacred hymns of the Rudri and perform Rudrabhishek of the divya lingam. This divya lingam, brought specially from Narmadeshwar, was first anointed by Paramahansa Satyananda at the first Yoga Purnima in 2008.

Lord Siva loves to dance, and certainly knows how to lift the spirits! Rocking kirtans amidst prasad distribution lines of villagers that flowed like the Ganga and healing mantras was how this Mahamrityunjaya Mantra Homa 2021 was conducted. The entire event was presided over by Peethadhiswari Swami Satyasangananda whose daily satsangs brought inspiration and deep understanding. Culminating on Sri Swamiji's 98th birth anniversary, this joyous yajna was dedicated to the invocation and remembrance of two great yogis. The Adi Yogi Lord Siva, who brought the gift of yoga to humanity, and Paramahansa Swami Satyananda, who in recent times came to remind humanity of its rich and lustrous spiritual heritage. The yajnas were all conducted in the spirit of selfless service, to further spread Sri Swamiji's sankalpa for universal peace, plenty and prosperity. Jai Gurudev!









# RETREATS AT RIKHIAPEETH 2022

## KARMA SANNYASA SADHANA RETREAT

25th June – 25th August 2022

Rikhiapeeth opens its gates for sincere aspirants to once again avail of the many benefits of ashram lifestyle. In a day and age of turmoil and chaos, this is a unique opportunity to reconnect with peace and harmony by participating in the Karma Sannyasa Sadhana Retreat at Sri Swamiji's tapobhumi.

This retreat is open to all aspirants who wish to dive deeper into the spiritual path, explore their spiritual potential and awaken their spiritual quotient.

## ASHRAM LIFE RETREAT

21st September - 21st December 2022

Ashram Life is one of the most ancient, simple yet impactful ways of rectifying one's lifestyle, realigning oneself with a positive outlook and connecting with one's own creativity.

Turbulences in life are bound to come, and we can only truly face these when endowed with peace of mind, vitality and happiness. Sri Swamiji's tapobhumi at Rikhiapeeth offers the ideal grounds where one can purify through selfless acts of kindness, participate in seva, and for a period of time, lead a life in tune with nature.

This Ashram Life Retreat provides aspirants from all walks of life, with the opportunity to awaken their spiritual potential and add a new dimension to their vision of life. This period is especially sacred and powerful as it will allow you to participate in the Sat Chandi Mahayajna and Yoga Purnima – Maha Mrityunjaya Homa yajnas, which are conducted to further the tradition laid by Paramahansa Satyananda, for universal peace, plenty and prosperity.

*If you are interested in either of the retreats please contact for further details -*

*rikhiapeeth@gmail.com*

*Book early as places are limited.*

*Due to the pandemic Rikhiapeeth remains closed for short term guests and casual visitors.*

# Give, Give and Give

## Large Scale Distributions to Surrounding Villagers

During Sat Chandi Mahayajna and Yoga Purnima, Rikhiapeeth continued its long-standing tradition of giving much needed prasad to the neighbouring villagers. Sri Swamiji's vision and sankalpa for the upliftment of humanity was upheld, with over 3,000 families receiving basic essentials such as clothing, household items and food rations.

Much love, care and consideration went into the organizing and preparation of prasad. All of the sannyasins and residents came together, preparing and packing the generous prasad. In fact, so much was offered to each and every villager, you could see their eyes light up with much joy and gratitude, and it took them some time to collect the numerous items.

With face masks and social distancing protocols in practice, Rikhiapeeth's mantra of Serve, Love, Give was in its full glory and swing. The villagers, kanyas and batuks were most happy to not only receive such beautiful prasad, but to be graced by the presence of Swami Satyasangananda and Swami Niranjanananda. Each day they came to offer their blessings and support, and were always met and welcomed with heartfelt warmth and delight.

In recognition of what had been a most difficult year, with many hardships and restrictions, all were genuinely heartened and reassured that Sri Swamiji's commitment and promise to look after his neighbours was, and always will be, alive and well. Sri Swamiji lived in a state of Atmabhava, which is abundantly flowing. He said, "What we do here in Rikhia is Atmabhava, not charity". Rikhiapeeth's prasad distributions are the consequence of love, unconditional love, which is pure bhakti.







# Sannyasa Lifestyle Retreat

## 25th July 2022 to 25th July 2024

This Sannyasa Lifestyle Retreat provides the ideal training ground for spiritual aspirants to experience the true aspects of sannyasa - based on the ancient Gurukul system, as established by Paramahansa Satyananda for the modern day and age.

In ancient times sannyasa was considered a path for renunciates, for those ready to sever all ties from society to lead a spiritual life dedicated to the pursuit of a higher purpose. Sri Swami Satyananda, a visionary and pioneer of the spiritual renaissance of our times, however, revived this ancient tradition as per the needs of today's society – making it far more accessible to people from all walks of life.

In the midst of turbulence and uncertainty which have taken hold of our present-day life, the sannyasa mind-set has become even more relevant than ever before. Not as the path of renunciation- but as a means to nurture a positive outlook, improve one's own attitude and learn to express one's own creative qualities in life, despite the challenges we face.

The retreat will be held at the serene and sanctified tapobhumi of Paramahansa Satyananda, that will also be hosting the historic 'Satyam Centenary' celebrations, a series of events throughout the entire year 2023, to commemorate the 100th birth anniversary of our beloved Gurudev. These events will come to a culmination on the 26th of December, 2023, on the most auspicious occasion of Marg Sheers Purnima, when Sri Swamiji was born 100 years ago.

Participants will spend their time fully immersed in the ashram activities and preparing for a myriad of events by engaging in selfless service. The main emphasis will be on Seva, which Swami Satyananda established as the most important tool for inner purification of karmas and samskaras (past impressions) - being the main obstacles in the path to happiness and fulfilment.

Since its inception, seva has constituted the very building-blocks of Rikhiapeeth, under the guidance of Peethadhishwari Swami Satyasangananda Saraswati who tirelessly served to manifest the mandate of Sri Swamiji at Rikhia. Today, it is her ever-inspiring presence that not only carries forward Sri Swamiji's vision at Rikhiapeeth, but also embodies the virtuous qualities of an accomplished sannyasin, dedicated in mind, heart and soul to the fulfilment of her Guru's mission for universal peace, plenty and prosperity.

Thus, this 2-year duration of the retreat should be seen as an investment for your future, to recharge your batteries, and a time dedicated to yourself where you can bring about a positive transformation and upgrade to a better version of yourself.

If you wish to apply, please fill the form online or download the application form on the Rikhiapeeth website and email us a scanned copy completed with all the required information.

For further information please contact us at rikhiapeeth@gmail.com



## Flight 2022

Welcome to Flight 2022. We are prepared to take off into the New Year. Please make sure your Positive Attitude and Gratitude are secured and locked in the upright position. All self destruct devices: pity, anger, selfishness, pride, and resentment should be turned off at this time. All negativity, hurt, and discouragement should be put away. Should you loose your Positive Attitude under pressure during this flight, reach up and pull down a prayer. Prayers will automatically be activated by Faith. Once your faith is activated, you can assist other passengers who are of little faith.

There will be NO BAGGAGE allowed on this flight.

God, our captain, has cleared us for takeoff.

Destination GREATNESS!

Wishing you a New Year filled with new HOPE, new JOY, and new BEGINNINGS!

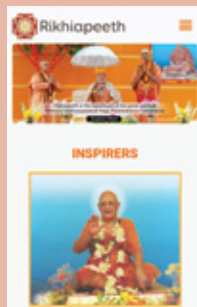
**Stay Blessed! And Happy 2022**



## **Rikhiapeeth Website: [www.rikhiapeeth.in](http://www.rikhiapeeth.in)**

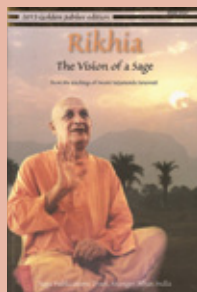
The Rikhiapeeth website is a sanctuary for all spiritual seekers, so that they may stay connected to the cardinal teachings of Swami Sivananda that are practised and lived here at Rikhiapeeth – 'Serve, Love, and Give'. Be inspired by satsangs, information about the tradition and Rikhiapeeth.

On the website are the current and topical satsangs of Swami Satyasangananda which are being posted regularly on the home page in the section: 'From Rikhia the Tapobhumi of Swami Satyananda'.



## **Rikhia: The Vision of a Sage**

Compiled from the satsangs and enlightening informal talks given by Sri Swami Satyananda Saraswati in Rikhia from the time of his arrival in 1989 until he attained Mahasamadhi on 5th December 2009. Through a mandate from God Sri Swamiji began to transform the lives of thousands of his poverty-stricken neighbours in Rikhia Panchayat. This book illustrates how this great soul gave everything to realise his divine mission.



## **Important Message for Aradhana Subscribers:**

As a result of the current restrictions in place due to the pandemic we are unable to dispatch Aradhana Magazines by post. For all current subscribers the printed copies of Aradhana are being kept and will be dispatched as soon as restrictions are lifted. Until then, please feel free to read and download the latest issues of Aradhana which are available online free of cost at [www.rikhiapeeth.in](http://www.rikhiapeeth.in)

Throughout the Coronavirus pandemic, Peethadhishwari Swami Satyasangananda has initiated seva projects to assess and address the changing needs of the community. The Karuna Relief Seva offered by Rikhiapeeth continues to support the most vulnerable within our community during these unprecedented times.

Karuna Relief Seva strives to alleviate the ongoing hardships being faced by thousands of rural families as well migrant workers, unemployed, youth, young students, farmers, widows and the elderly affected by the Coronavirus pandemic.

Due to the pandemic, the ashram remains closed to guests and casual visitors. The sannyasins and residents of Rikhiapeeth continue to work tirelessly to fulfil the mandate of Swami Satyananda of peace, plenty and prosperity for all by fulfilling the evolving needs of the most vulnerable within our community through nishkam seva, selfless service.

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