



Silver Lining Jubilee Rikhiapeeth

“I see the spiritual consciousness arising and a silver lining on the horizon.”

— Swami Satyananda Saraswati



— A Presentation of Sri Swamiji’s Sankalpa for Rikhia —

Serve Love Give

The Silver Lining Jubilee

– 25 Years –

An Invitation

Namo Narayan,

It is with great joy and happiness we announce that from September 2014 to December 2015, Rikhiapeeth will be celebrating the “**Silver Lining Jubilee**” of Sri Swamiji’s arrival in Rikhia. This is not the silver jubilee of an institution, but the celebration and commemoration of a vision, an inspiration and a divine mandate which was revealed to Sri Swamiji 25 years ago as the dawn of a new mission unfolded before him.

Sri Swamiji’s life was a life of dedication and selflessness. He lived a life totally and completely dedicated to the upliftment of humankind. When he came to Rikhia, on 23rd September 1989, for seclusion, austerities and higher sadhana, his yearning to help others rapidly triggered an unimaginable chain reaction. A desolate, abandoned village, lacking even the most basic facilities and amenities for survival, has become a prosperous and flourishing hub of endless possibilities. This miraculous transformation came through the grace and sankalpa of Sri Swamiji, who immortalised Swami Sivananda’s teachings of Serve, Love and Give at Rikhia, as a dedication to his Guru.

This **Silver Lining Jubilee** is our humble tribute to Pujya Gurudev, where his teachings and inspirations will be shared with one and all, in the presence of Swami Niranjanananda Saraswati and Swami Satyasangananda Saraswati, who will guide and direct the proceedings. All are welcome to participate in the activities and become a part of Sri Swamiji’s sankalpa. Through Sri Swamiji’s teachings we offer this ‘silver lining’ as a ray of hope to illumine the horizon of a brighter future.

Namo Narayan

Swami Suryaprakash

Swami Suryaprakash Saraswati
Convenor
Silver Lining Jubilee

The Activities

During these celebrations, a year long series of events will be conducted, from September 2014 to September 2015:

Medical Camps will be open to thousands of villagers for different disorders and ailments.

Arts and Crafts workshops will create opportunity for kanyas and batuks to expand their creativity.

Vocational Training where skills will be imparted to the kanyas and batuks to help them on the road to self-sustainability by earning their own living.

Aradhana, invocation, havan and puja will be conducted to invoke Divine grace and blessings.

Atmadrishi Series, as a special feature of the aradhana, an inspiring series of satsangs on spiritual subjects will be given by Swami Niranjanananda and Swami Satyasangananda along with other Acharyas, expounding the teachings of Rikhiapeeth.

The above outlined activities will be conducted throughout the year as part of the mandate of Rikhiapeeth: Serve, Love and Give, followed by a grand Poornahuti (final offering), starting in October and culminating in December 2015 with Yoga Purnima.





Serve

Sri Swamiji said, “One day I shall provide for my neighbours the same quality of healthcare available to the affluent sections of society through the clinic here.”

Basic healthcare has been provided to the local population at the Sivananda Datavya Chikitsalaya since its establishment in 1990 and now, each month various medical and surgical camps, spanning all specialties,

will be conducted to provide high quality, specialised healthcare and surgical interventions for the thousands in need from the surrounding villages.

Specialised health camps include: eye care, women’s health, pregnancy, children’s health, surgeries, bone and joint care, old age care, diabetes, heart care, corrective plastic surgery for disabilities, school health and many others.

Love

The kanyas and batuks are the spiritually awakened children of Sri Swamiji – He lives in their hearts. Through various projects he created ways and means to uplift and empower them, especially the girls. He bestowed upon these girls the status of ‘kanya’ and transformed them into a medium for the transmission of Devi’s blessings, as well as initiated an awakening in their consciousness. Different activities and workshops, including sports, self-defence, arts and crafts, dance (Indian and Western both), and more, will be organised throughout the year to enhance and awaken the kanyas’ and batuks’ innate creativity and talents.

It is also the aim to provide numerous vocational trainings to the young generation of Rikhia panchayat, focusing on the graduate kanyas and batuks who are the future of society, by providing various vocational and technical training.

Further training in spoken English, computers, including skills like basic Autocad, clerical training for banking and accounting and training in vocations including electrical, police, cooking and catering, beautician training, mobile phone and basic electronic equipment repairing skills, and tailoring, are some of the skills that will be taught to the young adults of Rikhiapeeth.

Give

Giving has been the foundation for over two decades at Rikhiapeeth. During the **Silver Lining Jubilee** celebration various workshops will be conducted for spiritual aspirants with a specific theme or topic each month in which the concept of ‘Serve, Love and Give’ will be presented as essential ingredients for yoga and spirituality.

The **Silver Lining Jubilee** aims at furthering the seva projects for the old-age pensioners and the widows of Rikhia, along with offering prasad to the villagers in Rikhia and the surrounding villages during the continued performance of ancient sacred yogic aradhanas.

Furthermore, we also aim at producing an entirely new set of publications, dvds and audio cds in both English and Hindi containing the priceless, unpublished teachings of Sri Swamiji, to be offered and distributed as prasad at the culmination of this auspicious event.

As a combined expression of Serve, Love and Give, this **Silver Lining Jubilee** also aims at an expansion of the Annapurna Kshetram Kanya Kitchen, which will represent the fruition of Sri Swamiji’s sankalpa to feed His entire Rikhia family on a daily basis.



HOW CAN I HELP ?

You are welcome to help and join us in the **Silver Lining Jubilee** activities by:

- Offering your skills at Rikhipeeth
- Contributing/sponsoring any of the activities
- Participating in Ashram Life for any duration of time

I Medical Camps

Speciality camps will provide high standard health care to all of Sri Swamiji's neighbours. You are welcome to offer your services and/or contributions in any of the following areas:

- Ophthalmology, Gynaecology, Obstetrics, Paediatric, Diabetology, Cardiac, Dental, Dermatology, Orthopaedics, General Surgery, Urology, Dental, Internal Medicine, Pathology, Radiology and others
- Doctors, nurses and medically trained individuals may offer their seva in any of the above areas
- General seva for camp preparations, organisation, administration and logistics
- Sponsorship of medical camps



- Contributing medicines, equipment and other medicines such as pain relievers, antibiotics and multi vitamins; first aid items such as bandages, gauze and antiseptics; and medical equipment such as needles, syringes, sterilisers, examination tables and mobility aids

II Workshops

To assist in the creative workshops for children, you may either offer your expertise, organise a workshop, provide materials, or simply come and help in any of the programs:

- Traditional and Modern Dance along with provision of dance costumes and accessories
- Art and crafts along with paints, brushes, crayons, pencils, coloured papers, glitter, stickers, glue, scissors and other items
- Sports including cricket, football, karate and others
- English classes along with text books, dictionaries, writing material
- Computer classes along with children's computer software
- Yoga for children





III Vocational Training

You may offer your skills by providing training to the youth of Rikhia panchayat as well as with contributing 'tools of the trade' in the following areas:

- Electrical, Mobile phone repair and electronics, along with screw drivers, pliers, electrical wire, meter readers, and other useful tools
- Computer Basics in Office, Photoshop, and Web/Graphic design along with laptop or desktop computers
- Tailoring along with sewing machines, fabrics, thread, needles and pins
- Cooking and Catering along with pots, pans, serving utensils, trays
- Secretarial training in the basic skills required in an office
- Spoken English along with text books and stationary
- Beautician training along with make-up kits, mirrors, nail varnish, hair pins etc.

IV Annapurna Kshetram Kanya Kitchen

You may contribute to the daily feeding in the following ways:

- Sponsorship of bhoj – daily, monthly or single event
- Provision of materials for bhoj and kitchen
- General seva for kitchen preparations, organisation, administration and logistics



V Publishing and multimedia

In order to publish and reproduce publications, dvds and audio cds, we are in need of people with any of the following skills in either English or Hindi:

- Inputting
- Translating (English into Hindi and vice versa)
- Editing/Proof reading
- Desk Top Publishing with Indesign, Photoshop, Illustrator etc.
- Video Editing with Sony Vegas, Final Cut Pro, etc.
- Audio Editing with Sound Forge, Logic, etc.

For further information and regular updates, keep visiting our website www.rikhiapeeth.in and blog www.rikhipeeth.net. Please do not hesitate to contact us by email at rikhiapeeth@gmail.com



Silver Lining Jubilee Calendar of Events

2014

September

Aradhana	1	The Silver Lining Jubilee begins
	1-8	Srimad Bhagavad Katha & Swami Sivananda Janmotsav
	12	Sri Swamiji's Sannyas Day
	23	Rikhia Aagaman
	25-3 Oct	Ashwin Navaratri & Diksha
	25-2 Oct	Atmadrishhti Series: Atmabhav (Unity)
Courses	1-8	Kriya Yoga & Tattwa Shuddhi (H)
Medical Camp	1-8	Eye Camp
Vocational	1-27	Spoken English
Arts & Crafts	1-27	Introduction to Spoken English

October

Aradhana	23	Deepawali
	19-23	Atmadrishhti Series: Serve, Love, Give, Purify
Courses	6-16	Chakra Sadhana (E)
	19-25	Prana Vidya (E)
Medical Camp	10-14	ANC, Gynecology & Paediatrics
Vocational	1-27	Police Training

November

Aradhana	23-27	Sat Chandi Mahayajna/Sita Kalyanam
	23-26	Atmadrishhti Series: Invocation & Worship
Courses	29-5 Dec	Kriya Yoga & Tattwa Shuddhi (E)
Arts & Crafts	8-21	Indian Classical Dance

December

Aradhana	2-6	Yoga Purnima
	2-5	Atmadrishhti Series: Bhakti - Yoga of the Heart
	19-25	Maha Rudri
Medical Camp	19-23	Diabetes, Cardiac & Dermatology
Vocational	15-28	Tailor & Fabric Design

2015

January

Aradhana	5-13	Sri Vidya Puja
	5-12	Atmadrishhti Series: Power of Mantra
Courses	1-15	Yoga Sadhana & Ashram Life
	1-31 Dec	Watering the Roots & Nourishing the Soul through Yogic Living
Vocational	15-28	Electrical

February

Aradhana	15-17	Atmadrishhti Series: Siva Tattwa
	16-17	Sivaratri Yoga Sadhana
Courses	1-15 Mar	Yoga Teacher Training (E)
Medical Camp	11-15	Orthopedic, Plastic & General Surgery
Arts & Crafts	7-28	Sports, Karate & Games

March

Aradhana	21-28	Chaitra Navaratri Sadhana
	22-27	Atmadrishhti Series: Purushottam - The Ideal Being
Arts & Crafts	9-15	Arts & Crafts
Vocational	2-15	Beautician Training

April

Aradhana	14-16	Atmadrishhti Series: Sakti Tattwa
	19-21	Akshaya Tritiya: Sri Vidya Puja
Courses	14-16	Saundarya Lahari Retreat (E)
Medical Camp	8-12	Dental & Comprehensive Health Check-ups
Arts & Crafts	15-28	Introduction to Computers

May

Course	25-6 June	Bal Yoga Shivar (Yoga for Children)
Arts & Crafts	25-6 June	Yoga & Sports for Kids

June

Medical Camp	14-21	Paediatric & School Health
Vocational	8-21	Electronic & Mobile Repairing Skills

July

Aradhana	27–30	Atmadrishti Series: Discipleship
	31	Guru Purnima
Vocational	1–15	IT Skills

August

Aradhana	26–29	Sri Radha Krishna Jhoolan
	26–28	Atmadrishti Series: Being a Karma Yogi
Medical Camp	14–18	Geriatric, General Surgical & Orthopedic
Vocational	14–29	Cooking & Catering (Indian & Continental)

September

Aradhana	1–8	Srimad Bhagavad Katha & Swami Sivananda Janmotsav
	12	Sri Swamiji's Sannyas Day
	23	Rikhia Aagaman
Medical Camp	1–8	Eye Camp
Arts & Crafts	15–30	Modern Dance

Silver Lining Poornahuti (2015)

October

Aradhana	14–23	Ashwin Navaratri Sadhana
Courses	24–4 Nov	Chakra Sadhana (E)

November

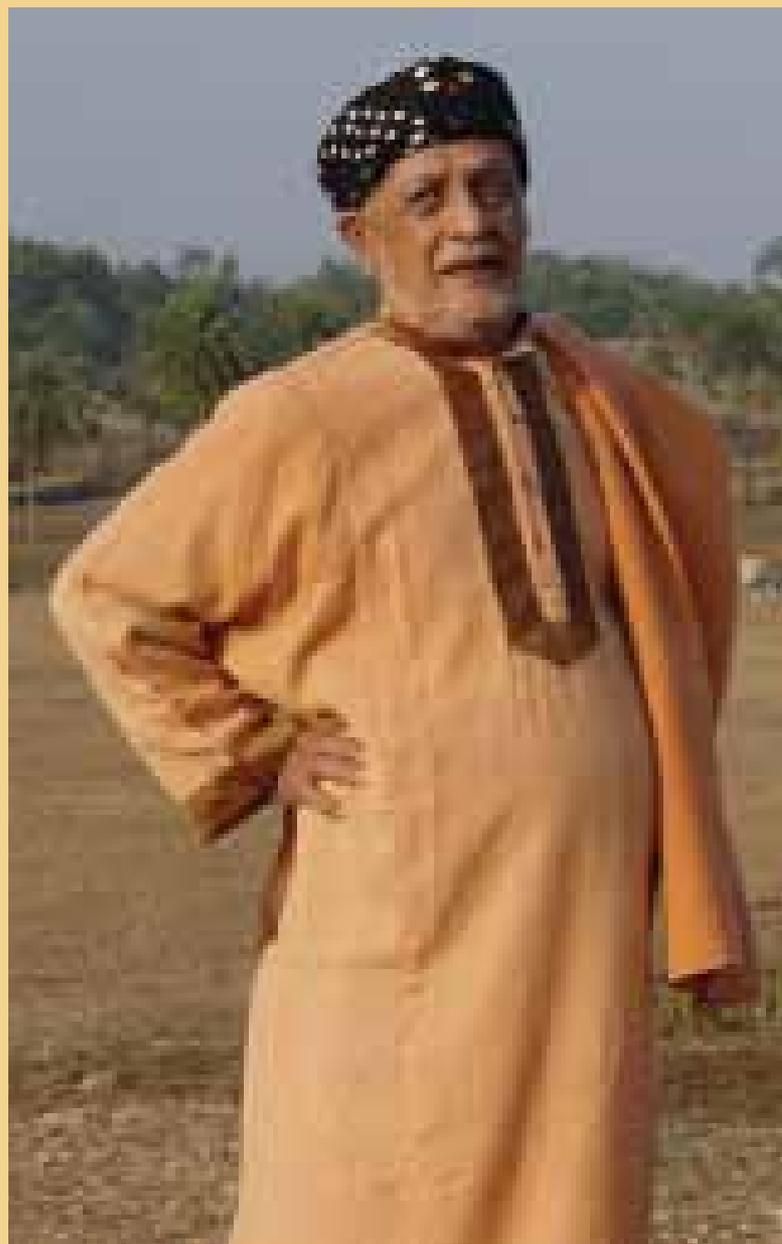
Courses	7–13	Prana Vidya (E)
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December

Aradhana	12–16	Sat Chandi Mahayajna/Sita Kalyanam
	21–25	Yoga Purnima and Conclusion of Silver Lining Jubilee

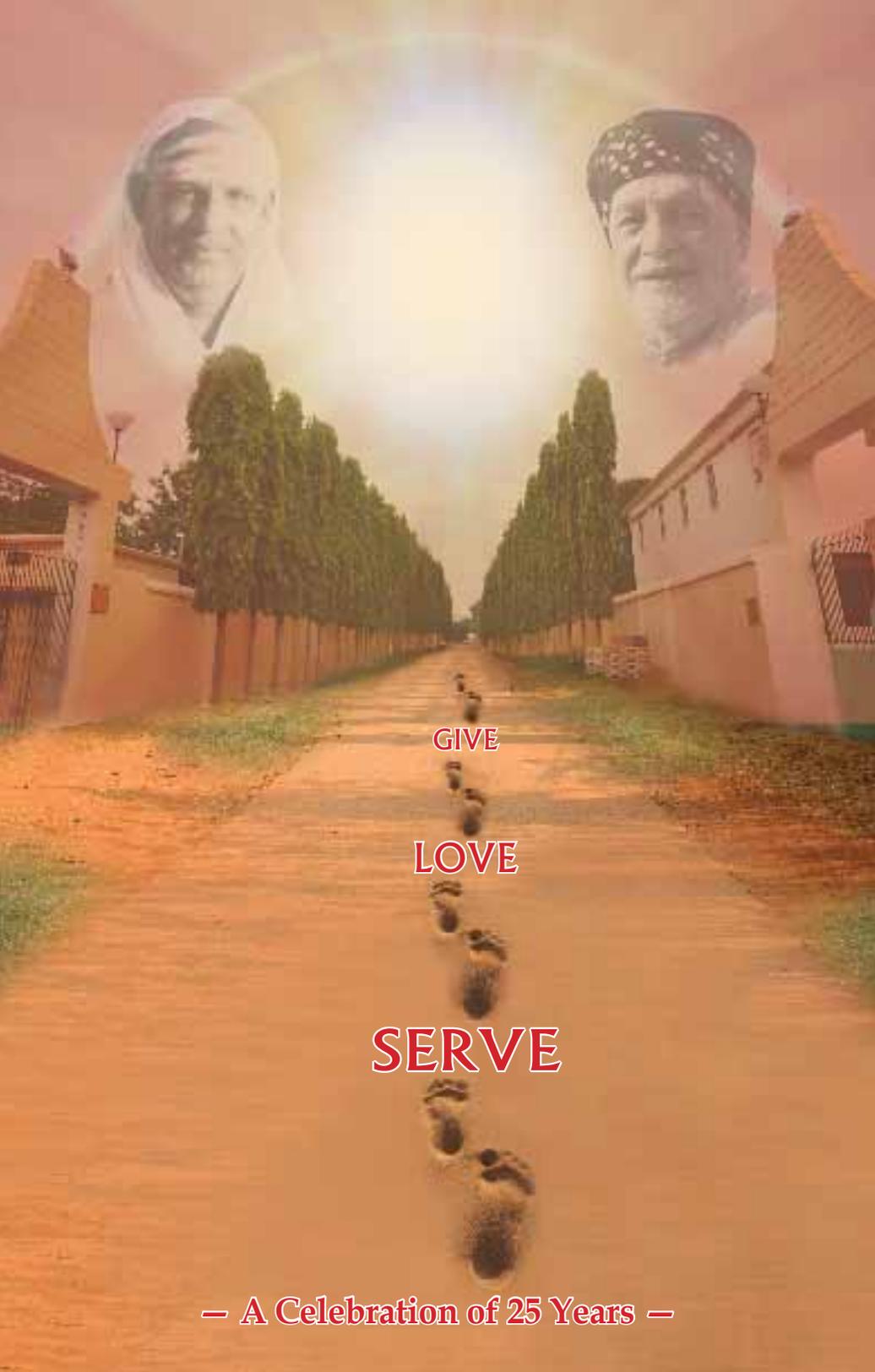
*Guru Bhakti Yoga on every 5th & 6th of every month

Special programs will be conducted from October to December 2015 as part of the Silver Lining Poornahuti. Keep visiting our website and blog for further information.



**“Here in Rikhia, I shall see to it that God’s mandate is fulfilled:
‘Green Rikhia, Prosperous Rikhia.’”**

— Swami Satyananda Saraswati



GIVE

LOVE

SERVE

— A Celebration of 25 Years —